REPORT OF NSS ACTIVITIES (July 2021 – June 2022)

In the month of July, Vanamatosav was observed on 20th of July 2021 in the form of sapling planting within the college campus. The programme was attended by the Hon'ble Vice Chancellor of Sadhu Ramchand Murmu University of Jhargram, Prof. Amiya Kumar Panda and other dignitaries from the university. 100 saplings were planted by the guests and dignitaries and a few volunteers who reside locally in Jhargram. All Covid-19 protocols as mandated by the state government, were strictly maintained during the conduct of this programme.

NSS Day was observed on the 24th of September 2021 in the form of a 'One-Day State-Level Webinar' which was observed on the 24th of September 2021, at 3 pm. The topic of the Webinar was "Covid Prevention and the Role of Vaccination". The Chief Guest and Resource Person in this Webinar was Dr. Sandipan Ganguly, Senior Deputy Director, Scientist F, Head, Division of Parasitology, ICMR – National Institute of Cholera and Enteric Diseases, Department of Health Research (Govt. of India). The webinar was held on the Google Meet platform and was attended by 200 students and volunteers of the college.

A Webinar on AIDS Awareness was held on the 21st of January 2022. This is part of the regular programmes of the college, however, due to unavoidable reasons, the programme could not be held on World AIDS Day 2021 (December 1st 2021). The Resource person was Sri Abhijit Roy, Counsellor, ICDC, Jhargram District Super Speciality Hospital. As Sri Abhijit Roy works regularly with patients suffering from HIV/AIDS, he provided a clear picture of the predicaments and problems faced by these people and encouraged the students and volunteers to actively spread the message against HIV/AIDS. The webinar was held on the Google Meet platform and was attended by 195 students and volunteers.

In the month of March, the NSS Units of Jhargram Raj College were requested by NSS RD Kolkata to organise a programme as part of the Swachhata Action Plan (SAP) along with 5 other colleges of the district. A Seminar was held on the 8th of March 2022, and it was attended by 150 volunteers from Jhargram Raj College, Jhargram Raj College Girls' Wing, Lalgarh Government College, Seva Bharati Mahavidyalaya and Vivekananda Satabarshiki Mahavidyalaya. Additionally, teachers from these colleges also attended the seminar. Dr. Shantanu Chakraborty, Principal (WBSES), Singur Government College, delivered a lecture on the importance of practicing cleanliness – 'Swachhata' – in all its forms. A rally was thereafter held from the college to the Central Bus Terminus of Jhargram. Light refreshment and certificates were provided to all the participants of the seminar.

On the 15th of March 2022, a Blood Donation Camp was organised by NSS Units I, II, III and IV at Jhargram Raj College, in collaboration with the Jhargram Voluntary Blood Donors Association. The Camp was organised with the help pf Gopiballavpur Multi PSeciality Hospital, Gopiballavpur, Jhargram. A total of 39 donors (students and teachers) from the college donated blood. Proper arrangements were made in case the donors fell ill. It was ensured that the donors remained hydrated with the provision of oral rehydration solution.

A healthy retreshment was provided to all the donors and the volunteers who had attended and helped with the camp

On the 5th of June, an online Quiz was organised through a Google form on the occasion of World Environment Day to create awareness about the environment. A total of 483 participants took part in this quiz and were awarded e-certificates.

World Yoga Day was observed on the 21st of June 2022 at 8 am in collaboration with the Department of Physical Education. Professor Girija Basu instructed the volunteers on the benefits of Yoga and the volunteers practiced many poses under the guidance of Dolon Mondal, a student of the Department of Physical Education who is trained in Yoga. Teachers and students of the college also attended the programme. A light and healthy refreshment was provide thereafter on behalf of the Department of Physical Education.

Countersigned: 01 09 2022

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