

REPORT OF NSS ACTIVITIES (July 2019 – June 2020)

As part of its regular programmes throughout the year, the volunteers of the NSS Units undertook Campus Cleaning throughout the year. Independence Day and Republic Day were observed by the volunteers as part of the observation programmes conducted by the college. This year, the NSS Units were faced with a major crisis as no funding had been provided by the NSS Cell, Vidyasagar University, which arranges and coordinates the activities and the funding of the NSS Units of Jhargram Raj College.

Special programmes were also organised this year. 'Aranyasaptaha' was observed by all four NSS Units from the 19th to the 25th of August 2019. As no funding had been provided by the university, the student volunteers were asked to organise their own 'green' activities, and asked to spread awareness in their own villages and communities on their own initiative. A sapling-planting programme was organised by the NSS Units on the 22nd of August 2019. 100 saplings were provided by the Forest Department on the request of the Officer-in-Charge. The volunteers, students of the college, the staff and teachers of the college took turns in planting the saplings in the areas specially cleared for the activity.

'Swachhata Pakhwada' was organised this year within the limits of the campus. A schedule of activity had been notified by the NSS Units, and ten volunteers from each unit took turns to clean out sections of the campus as guided by the Programme Officer on duty that day. This activity took place from the 1st to the 14th of August 2019.

NSS Day has been observed on the 24th of September 2019. This programme served to inform the volunteers of the NSS about a brief history of the NSS and its activities across the country. Volunteers were also informed and oriented about the activities of the NSS in the college, taught the 'NSS Clap' and the 'NSS Song'.

This year, the observation of World AIDS Day could not take place on the 1st of December due to some unavoidable reasons. This is why, the awareness programme was held at a later date, on the 18th of December 2019, and extended into a general Health Awareness seminar. The N.S.S. Units of Jhargram Raj College organised a Special Lecture to spread awareness regarding the disease and how it can be prevented, to be followed by a lecture on health precautions to be taken as part of daily life. The Special lectures were delivered by Sri Avijit Roy, Counselor, ICDC, Jhargram Super Speciality Hospital, Jhargram, and Sri Sreejit Ghosh, Assistant Professor, Department of Physiology, Jhargram Raj College. As Sri Avijit Roy is invited annually for awareness programmes on AIDS, his lectures address the students in a continuity. Mr. Roy began by reminding the students of the common causes of HIV, and the main differences between HIV and AIDS. This time, he spoke at length about his on-field experiences in conducting HIV awareness and detection camps. He mentioned how drug abuse through injections, and migratory workers, have been responsible for the spread of the disease, especially in this district. He encouraged students to come forward and ask him questions about the disease and the reasons why it spreads so rapidly. Several students mustered the courage to talk to him freely about the disease and asked him questions which he answered fluently. Sri Sreejit Ghosh, Assistant Professor, Department of Physiology, was the next speaker. Sri Ghosh spoke to the students using audio-visual aids. His topic was "HIV/AIDS: An Inside

View". He described the physiological aspects of HIV: how the virus impacts the body of the human being after entering the body. His presentation also included a brief video that demonstrated how the virus actually impacts the human body. The students appreciated the lecture, and two students spoke about how both lectures had made an impact on their lives.

National Voters' Day (25th January 2020) was observed through a small programme conducted by the NSS Units on the 22nd of January 2020. Volunteers gathered together and took the voters' pledge whereby they promised to take part in the democratic process of the country, and also pledged to carry forward the message to their homes, villages and communities.

As no funding for normal activities or special camps had been provided by the University, no Winter Camp could be organised by the NSS Units.

Thereafter, two kinds of extension activities were planned by the NSS Units in the villages of Antapati, Fulberia, Tiyakati and Sevayatan. These activities were planned for the months of February and March 2020 in phases. These programmes were financed personally by the Programme Officers of all four NSS Units.

The NSS Units I, III and IV of Jhargram Raj College decided to organise a short-term literacy programme in the adopted villages of Antapati, Fulberia and Tiyakati. The focal primary school of all these villages is Khanakul Primary School, where the NSS Units I, III and IV have been organizing extension activities in the past few years. Eighty-seven students study in this school, and their areas of difficulty include speaking and writing in English, and thus the NSS Units decided to focus on enhancing the English abilities of the students of the primary school through special classes. The other objective of this programme was to distribute learning aids in order to provide a complete learning environment for the students, so that he/she is further motivated to learn in school.

In the first phase of this programme, nine volunteers visited the village with two programme officers of Unit I and III accompanying them. The volunteers spent some time interacting with the students of the school, in a bid to familiarize themselves with the students and their needs. Thereafter, the volunteers encouraged the students to recite some English rhymes that they were familiar with. The students could recite with some help from the volunteers. The students were then taught some basic phrases of English conversation by the volunteers and some greetings in English. Next, the volunteers distributed colouring books and crayons to the students of the school. The volunteers had an interactive session with the students, helping them identify the various objects in the colouring books, teaching them the English words for them, and helping them choose the right colours. Eighty-seven students benefited from this first phase of the programme.

The NSS Unit II of Jhargram Raj College organised a Thalassaemia Awareness and Detection Camp in the adopted village of Sevayatan on the 5th of March 2020. The programme was conducted by the Paschim Medinipur Thalassaemia Society at Sevayatan Vidyalaya (H.S.).

The rest of the planned activities in the adopted villages were expected to be completed by the end of March 2020, however, due to the lockdown and restrictions regulated by the government due to the pandemic of Covid-19, these activities could not be carried out.

ONLINE ACTIVITIES

- FIGHT AGAINST COVID-19

Thereafter, the NSS Units of Jhargram Raj College, in a bid to be a part of the fight against Covid-19, were actively involved in the activities as suggested by NSS RD Kolkata. On 09.04.2020, there was a formation of WhatsApp Group “**Nodal Officer, West Bengal**” by NSS RD, Kolkata and invitation to attend an Online Meeting for MOHFW (Ministry of Health and Family Welfare) & MOYAS (Ministry of Youth Affairs and Sports) regarding National TOT for NSS. On 12.04.2020, Sri Brahma Chaudhuri, NSS Programme Officer (Unit-IV), Jhargram Raj College was appointed as the District Nodal Officer, Jhargram. A meeting of Programme Officers, NSS Units- I, II, III & IV, Jhargram Raj College in the online mode and resolved that an Online Training and Orientation Programme on “Awareness and Prevention of COVID-19” for NSS Programme Officers and lead volunteers of Jhargram District would be organised by National Service Scheme, Jhargram Raj College and a WhatsApp Group of NSS Volunteers would be formed for training and orientation of NSS Volunteers regarding COVID-19 Awareness as directed by NSS RD, Kolkata. A WhatsApp group of NSS Volunteers was formed, namely the “JRC NSS COVID-19”, group for imparting Online Training on COVID-19 Awareness and Prevention Measures as well as for communicating matters regarding COVID-19. A second WhatsApp group for NSS Programme Officers of Jhargram District namely “NSS POs Jhargram District” for communicating all matters related to COVID-19 awareness programmes, was also formed.

From 22.04.2020 to 25.04.2020, an Online Training and Orientation of NSS Volunteers regarding COVID-19 Awareness and Prevention Measures conducted through WhatsApp group via PPTs (with audio narration in Bengali) and MP4 format of the same. A total of 7 Sessions were held (two sessions held per day) with Question & Answer sessions at the end. Thereafter, from the 25th of April, there were submissions of Coronavirus Awareness poems, Coronavirus Awareness posters and Coronavirus Awareness videos by NSS volunteers in “JRC NSS Covid-19” and the same were forwarded to NSS RD, Kolkata. These submissions were in the form of Posters (12 posters and 1 painting), Poems (4 poems) and Videos (9 videos in MP4 format – 4 Awareness videos, 4 poetry recital and 1 Awareness song).

In the month of May, an Online Quiz Competition was organised to create awareness about COVID-19 among students, NSS Volunteers and general public. A national-level Online Quiz on COVID-19 Awareness was organized by National Service Scheme, Jhargram Raj College between 28.05.2020 to 31.05.2020, where 285 candidates participated.

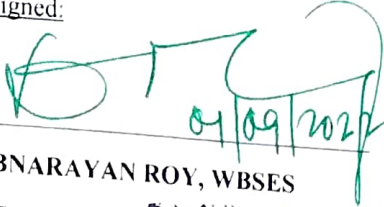
- REGULAR ACTIVITIES

Regular activities were also resumed after adjusting to the online mode of activity. Meetings were held via Google meet to organize the regular activities of the college. World Environment Day, observed annually by the NSS Units of Jhargram Raj College, was observed in the form of an Online Quiz held between 05.06.2020 to 15.06.2020 via

Google form. A total of 483 participants successfully participated in the quiz and were provide with E-Certificates.

World Yoga Day was also observed in the form of an Online Quiz through a Google form which would be restricted to 100 participants per day. The Online Quiz was held on 21.06.2020 to 22.06.2020. A total of 237 participants successfully took part in the quiz and were provided with E-Certificates.

Countersigned:

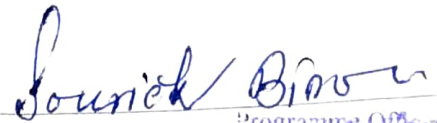


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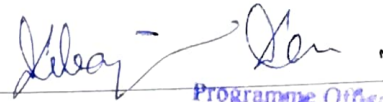
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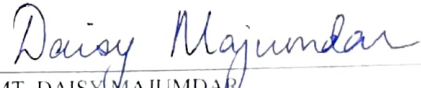
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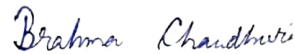
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