## REPORT OF NSS ACTIVITIES (2016-2017)

**Regular Programmes were held as usual in the campus this year.** Campus Cleaning was done on a regular basis, with volunteers making new efforts to clean classrooms and other areas of the college. Posters carrying information and awareness messages on Vector Borne Diseases, Anti-Tobacco campaigns, Anti Ragging messages, were displayed all over the campus at prominent locations.

Special Programmes were also organised this year.

The year marked the beginning of the celebrations of 70 years of Indian independence. Accordingly, the NSS Units conducted a number of programmes for the Observation of 70 years of Indian Independence. On 14.08.2016, the eve of the Independence Day, a Candle-light vigil was held in the college grounds by volunteers to mark the occasion of the 70 years of Indian Independence. The flag-hoisting ceremony was held as usual on the morning of the 15h of August. Volunteers sang the national anthem, and sweets were distributed amongst all who were present. On 17.08.2016, Seminar was organised by the NSS Units in collaboration with the Department of History on: 'Jallianwalabagh Hatyakando: Phire Dekha'. This was followed by a Torch Rally by the NSS volunteers and other students of the college. All students marched from the college campus to the Central Bus Stand, and back to the campus. Thereafter, on the same day, a Volleyball match (Teachers vs Students) was organised in collaboration with the Department of Physical Education. On 22.08.2016, an Essay Contest on 'Azadi-70' was organised in collaboration with the Department of English.

On 29.08.2016, an Awareness Programme on Dengue and Anti-Tobacco Awareness, was organised by the NSS Units. The Speaker was Dr. Rabindranath Pradhan (Deputy CMOH-II, Midnapore). He conducted two awareness programmes, the first on Dengue – awareness of the disease, its causes and methods to curb it. The second lecture was on the hazards of tobacco use, whether through smoking or chewing tobacco in any form. He also conducted a quiz amongst the volunteers to test their knowledge and generate an interest in the lectures

A One-Day Seminar on 'Curbing the Menace of Ragging in Higher-Educational Institutions' was organised by the NSS Units on 21.09.2016. The Speakers were Smt. Sudipta Mullick of the Department of Philosophy and Sri Abhisek Das of the Department of English. Both speakers addressed the volunteers on the nature of ragging in educational institutions, how not to become a party to ragging, and the methods to counter it.

Between 03.10.2016 and 04.10.2016, a Digital India Workshop was Conducted by Vidyasagar University and sponsored by the Ministry of Electronics and Information & Technology, Government of India. Jhargram Raj College was invited by Vidyasagar University as one of 20 colleges participating in this workshop. 10 NSS volunteers participated in the two-day workshop which sought to create awareness of Digital Programmes and facilities offered by the government of India. Volunteers participated in a

poster competition and strategy-making competition (theme: How will you disseminate the message of Digital India after the Workshop)

Between 19.11.2016 and 25.11.2016, an Observation of National Communal Harmony Campaign Week and Flag Day was organised by the NSS Units of the college. Volunteers posted several posters around the campus, and collected funds from many students and teachers of the college, in exchange for 'flags' of awareness of the Campaign for Communal Harmony. A total of Rs. 800/- was collected by these efforts, and sent to the National Foundation for Communal Harmony (an autonomous organisation under the Ministry of Home Affairs, Government of India), to aid in their project 'Assist'.

Observation of World AIDS Day was held on 01.12.2016. A Rally was organised with volunteers carrying placards with captions and slogans to spread awareness about the deadly disease. The procession moved from the college, through the town to the Central Bus Stand, and back to the campus. This was followed by a lecture session on AIDS awareness by Dr. Nivedita Bhattacharyya, Department of Physiology, Jhargram Raj College.

A Blood Donation Camp was organised on 14.12.2016 with the help of Jhargram Hospital Blood Bank. 61 Donors (as against an expectation of 50) from Jhargram Raj College (both teachers and students) helped to make this programme a huge success. This was followed by a Thalassaemia Awareness and Detection Camp organised with the help of Thalassaemia Society, Midnapore, and the Kharagpur Blood Donation Society, on 22.12.2016. 218 students were tested for Thalassaemia and an Awareness programme was held by the Kharagpur Blood Donation Society. This programme on Awareness and Detection was hugely successful. Despite a fear of needles, several students wished to be tested – unfortunately, there was only a limited number of testing kits, and no other student could be tested after the kits ran out.

**Observation of National Voters' Day was conducted on 25.01.2017.** Volunteers and students from many departments came together and took the National Voters' Day Pledge. This helped create an awareness amongst students of their right to vote and the necessity to exercise this right. Volunteers further carried the message to other students of the college, and urged all students above the age of 18, to register themselves as voters.

No Camping Activity took place due to lack of availability of funds from the University