



# JHARGRAM RAJ COLLEGE

(Government of West Bengal)



*affiliated to Vidyasagar University*

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NAAC SSR CYCLE II  
CRITERIA 7  
INSTITUTIONAL VALUES & BEST PRACTICES  
SUPPORTING DOCUMENTS FOR  
7.2.1

## **BEST PRACTICE I**

**Title:** Community Empowerment through the Pabitra Kumar Sen Memorial Forum

**Objective:**

The Pabitra Kumar Sen Memorial Forum is dedicated to serve the neighboring communities of the institution goals like: -

1. Encouraging the new learners to pursue higher education.
2. Raising awareness on health issues especially on female and child health and hygiene.
3. Teaching the practice of cleanliness on daily life.
4. To educate people about healthy eating and guide them toward affordable, nutritious food options.
5. To integrate with the indigenous culture and practices as well as to inculcate the social values of these tribes within ourselves.

**Context:**

The college being situated in a region inhabited by low-income tribal populations, the forum was created mainly for community service by training and educating local people on the importance of education, cleanliness, hygienic practices, women and child health etc. The forum also assists people in accessing healthy food choices despite financial constraints.

**The Practice:**

Driven by a commitment to practical action, the forum implements targeted programs to bring about tangible change within the local communities. The forum has always been active through its various outreach efforts like: -

- Distribution of educational kits to the young children of the villages.
- Teaching basic English to the housewives.
- Distribution of waste bins to separate the household wastes.
- Recently through three Nutritional Status Assessment programs conducted in collaboration with the Department of Physiology, the forum extends its reach to schools and villages surrounding Jhargram. Approximately a hundred students participate in comprehensive assessments, providing valuable insights into their unique nutritional requirements through tailored questionnaires. Simultaneously, the forum organizes two Female Health Awareness programs, fostering open dialogue and education among girls and adults alike. These programs serve as inclusive platforms for discussing prevalent health issues, empowering individuals with the knowledge and tools to confidently navigate their health journeys.


**Evidence of Success:**

The forum's efforts are yielding positive results, as more people are joining its programs, eager to learn and share their experiences. During discussions, participants are becoming more vocal, indicating growing confidence in overcoming financial challenges. As individuals gain knowledge about nutrition and receive personalized advice, they report feeling happier and more fulfilled.

**Challenges and Resource Requirements:**

Despite these successes, the forum faces challenges. Some locals are hesitant to share their problems, and there's often a lack of sufficient funds or resources to reach everyone in need of assistance.

In the vast landscape of community service, the Pabitra Kumar Sen Memorial Forum stands as a beacon of compassion and commitment. As it continues its journey, may it illuminate the path for communities toward healthier and happier lives.



**Principal**  
**Jhargram Raj College**

## **BEST PRACTICE II**

**Title:** Entrepreneurship Development Through Mushroom Culture

**Objective:**

The primary aim of this initiative harmonizes perfectly with the 'Educate to Empower' mission. It seeks to equip the local community of Jhargram with the necessary skills and motivation to embark on entrepreneurial endeavours. Specific objectives include fostering competitiveness, offering an additional source of income, and highlighting the nutritional advantages of mushrooms while utilizing agricultural waste.

**Context:**

This project is intelligently initiated in the region of Jhargram, where the climate is ideal for cultivating mushrooms at home or on a larger scale. By taking advantage of this, the plan is to create more opportunities for people to work for themselves and build strong connections with businesses through partnerships. Moreover, it's all about equipping individuals with the skills required for modern-day jobs, particularly in rural areas, to enhance the quality of life for everyone.

**Practice:**

The process involves thorough hands-on training sessions that involve people from various backgrounds in learning how to grow oyster mushrooms (*Pleurotus* spp) using agricultural waste readily available in the area. These training sessions take place both at the college and in nearby villages, making it easy for people to join. Participants receive certificates upon finishing the training, encouraging them to stay involved. Importantly, the program has seen more and more people taking part, showing that it's becoming more popular and successful.

**Evidence of Success:**

The initiative has achieved positive results, including setting up a mushroom cultivation unit in the college's Botany Department. It's also encouraged the community to get involved, promoting teamwork between students and locals. Participants have been particularly interested in the health benefits of mushrooms, which has kept them engaged. It's great to see unemployed young people showing interest, and the fact that participants are helping with raw materials shows that the community supports the program.

**Challenges and Resource Requirements:**

Even though the project has been successful, it's facing some tough challenges. One big issue is that there's no place in Jhargram district to make the mushroom spawn, which means they have to figure out how to get mushrooms all year round. Also, they don't have enough money or resources to make the project bigger. To solve these problems, they need to work together and team up with other groups to improve their setup and keep making progress.



**Principal**  
**Jhargram Raj College**