



JHARGRAM RAJ COLLEGE

(Government of West Bengal)



affiliated to Vidyasagar University

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CRITERION 3
RESEARCH, INNOVATIONS AND EXTENSION
SUPPORTING DOCUMENTS FOR

3.4.1 Outcomes of Extension activities in the neighborhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years

Contents for Documentation

Glimpses of some community based extension activities by the NSS units of Jhargram Raj College

1. **World AIDS Day**
2. **Swachh Bharat Summer Internship**
3. **Online activity: Fight against Covid-19 (During Covid-19 lockdown period)**
4. **Blood Donation Awareness Programme and Blood Donation Camp**
5. **International Yoga Day Celebration**

World AIDS Day (01.12.2018 and 05.12.2018)

World AIDS Day was observed on December 1st, 2018. The N.S.S. Units of Jhargram Raj College organised Special Lecture in to spread awareness regarding the disease and how it can be prevented. The target audience were the students of the college; a small section of the youth of India who belong to the age which is most vulnerable to being exposed to the disease. Students of all classes assembled in the seminar room to attend the special lecture. The Special Guest was Sri Avijit Roy, Counselor, ICDC, Jhargram Super Speciality Hospital, Jhargram. As he had addressed the students gathered earlier in the year, during the Special Winter Camp, Mr. Roy began by asking the students what they remembered from his previous lecture. He also asked them how far they had contributed to the cause of curbing the disease by reaching out to their neighbours and friends. Mr. Roy encouraged the students to be proactive in spreading the message of AIDS. He then made a generous offer to personally work with the NSS volunteers and to help them to organize awareness programmes through populist means such as songs and street plays. Thereafter, all the volunteers gathered together with the other students and assembled at the college grounds for a Rally. Enthusiastic volunteers, both boys and girls, of the N.S.S. led the rally from the front, carrying a banner, and placards bearing messages on AIDS awareness. Teachers of the college were also actively present and participated in the rally. The rally began from the college, and made its way down College Road to the Central Bus Stand of Jhargram, before returning to the college premises. Refreshments were served to the students on completion of the rally.





Photographs of the seminar and rally of World AIDS Day (05.12.2018 and 01.12.2018)

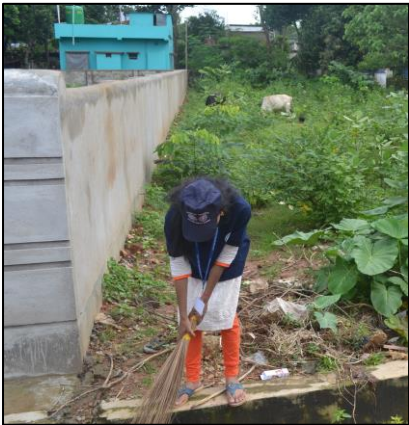
Total 61 NSS volunteers were participated in the programme

Swachh Bharat Summer Internship

A special summer internship programme was conducted through the NSS units of Jhargram Raj College in order to promote Swachh Bharat Aviyam. The programme was so designed to create awareness among the people in the surrounding community. A good number of volunteers were participated in the event. Varieties of activity like door-to-door campaign, drain cleaning, survey, rally, waste collection, etc. were performed. The local people also responded and appreciated the events.



Door-to-door campaign by the NSS volunteers



Drain cleaning by the NSS volunteers



Rally by the NSS volunteers



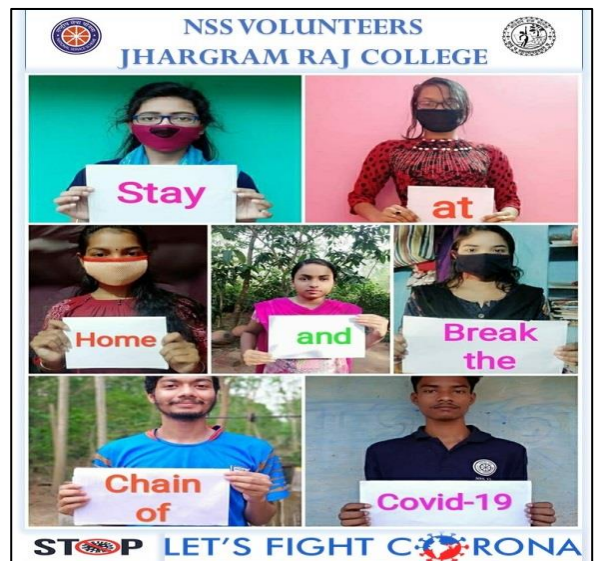
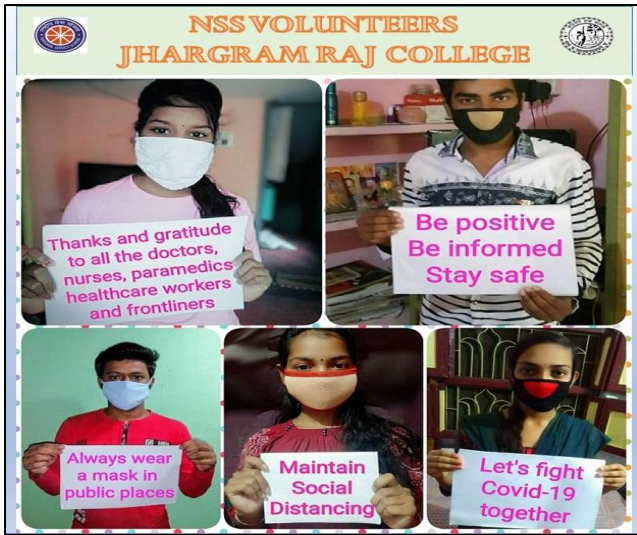
Survey by the NSS volunteers



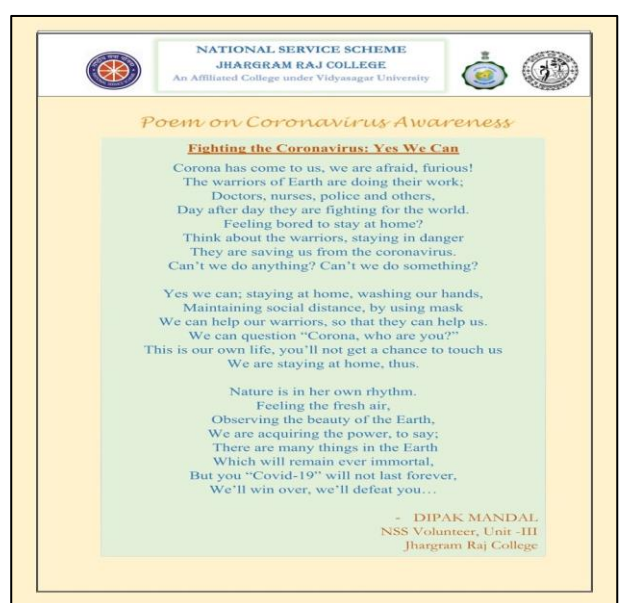
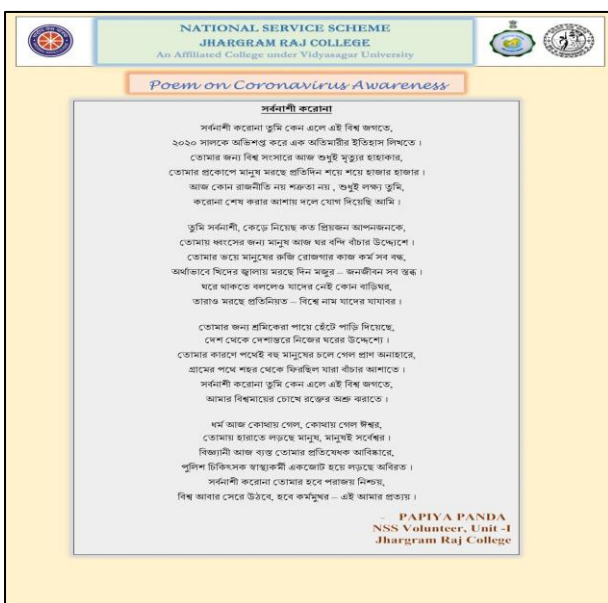
Waste collection by the NSS volunteers

Online activity: Fight against Covid-19 (During Covid-19 lockdown period)

1. All the Programme Officers of NSS Units- I, II, III and IV of our college have participated at the District level *Online Training and Orientation Programme on “Awareness and Prevention of Covid-19”* held on 21st April, 2020. All the 4 Programme Officers have been sensitising the volunteers of their respective units about basics of Covid 19, prevention measures, WHO protocols and government circulars from time to time.
2. A total of 48 NSS Volunteers have already been trained on “*Covid 19: Awareness and Prevention*” through WhatsApp groups formed for this purpose. They have also been instructed to install Diksha App and get themselves registered for IGOT training.
3. A total of 4 NSS Programme Officers and 48 volunteers have downloaded Aarogya Setu App for getting updates on Covid-19 and assessing their health on a regular basis.
4. To spread Covid-19 awareness, the NSS volunteers have prepared posters, written poems, composed songs and uploaded videos in social media, some of which have already been uploaded in the Official Facebook page and YouTube channel of NSS West Bengal.
5. The NSS volunteers have already sensitised their immediate family members, friends, relatives and local community about basics of Covid-19 and its prevention measures.
6. The NSS volunteers have been actively involved in spreading awareness about Covid-19 virus and preventive measures amongst their immediate family members, friends and relatives through posters, poems, songs and videos and are now motivated to serve the community in every possible way, as and when required.



COVID-19 Awareness Posters



COVID-19 Awareness Poems

World AIDS Day (01.12.2022)



**Photographs of rally and seminar on World AIDS Day (01.12.2022)
Total 96 NSS volunteers were participated in the programme**

Blood Donation Awareness Programme and Blood Donation Camp (01.03.2023)



Photographs of Blood Donation Camp (01.03.2023)
Total 12 NSS volunteers were participated in the programme

International Yoga Day Celebration (21.06.2022)

NSS volunteers were observing International Yoga Day for the mental and physical development and spread awareness and usefulness of Yoga in our life in the neighborhood community.



Photographs of International Yoga Day Celebration (21.06.2022)
Total 29 NSS volunteers were participated in the programme