

JHARGRAM RAJ COLLEGE

JHARGRAM, WEST BENGAL - 721507

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Criterion 5: Student Support and Progression

Sub-Criterion 5.1: Student Support

5.1.2 Following capacity development and skills enhancement activities are organised for improving students' capability

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LIST OF EVENTS ON LIFE SKILLS, LANGUAGE SKILLS AND SOFT SKILLS

Sl. No.	Skill	Number of Activities
1	Life Skill	04 (22-23)+ 02 (21-22)+ 09 (20-21)+ 07 (19-20)+ 03 (18-19)= 24
2	Soft Skill	01 (22-23)+00(21-22)+ 00 (20-21)+ 00 (19-20)+ 01 (18-19)= 02
3	Language Skill	02 (22-23)+ 00 (21-22)+ 01 (20-21)+ 00 (19-20)+ 00 (18-19)= 03
4	Awareness in Technology	01 (22-23)+ 00 (21-22)+ 04 (20-21)+ 00 (19-20)+ 02 (18-19)= 07
5	Total	35

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Capacity building and skills enhancement initiatives taken by the institution include the following

- 1. Soft skills
- 2. Language and communication skills
- 3. Life skills (Yoga, physical fitness, health and hygiene)

ACADEMIC SESSION 2022-2023

Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)
Online Quiz on Environmental Awareness on the occasion of the World Environment Day 2022 (Life Skills)	05.06.2022		NSS Unit, Jhargram Raj College
Yoga Day (Life Skill, Physical Fitness)	16.06.2022	20	Dr. Girija Basu,
			Dr. Bhuvan Chandra Hansda, Chief Medical Officer of Jhargram, Jhargram District Super Speciality Hospital

AIDS Day

Celebration (Life

Skill)

01.12.2022

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			Dr. Indranil, Sarkar, Superintendent, Jhargram District Super Speciality Hospital
			Dr. Sudeshna, Majumdar, Principal, Jhargram Government Medical College and Hospital
			Dr. Nivedita Bhattacharya, Assistant Professor in Physiology
			Dipankar Mondal, Assistant Professor, Department of Bengali, Jhargram Raj College
International Mother Language Day			Dr. Rahul Kumar Datta, Department of Zoology, Jhargram Raj College
(Language and communication skills)	21.02.2023	128	Dr. Satyajit Ghorai, Department of Economics, Jhargram RAj College
			Debasis Manna, SACT-II, Department of English, Jhargram Raj College
Spoken English Course (Language			Sankhadip Maity, SACT-II, Department of English, Jhargram Raj College
and Communication Skills & Soft Skill)	02.08.2022-04. 05.2023	204	Chhatradhar De, SACT-II, Department of English, Jhargram Raj College
Gymkhana Training (Life Skill)	Throughout the year	10 students in regular basis	Girija Basu

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			Prof. Sushil Kumar Mahata, School of Medicine, University of California
International seminar on Frontiers			Prof. Pabitra Kumar Chakraborty, Vice-Chancellor, Vidyasagar University
in Science			Prof. Amiya Kumar Panda, Vice
(Awareness in			Chancellor, Sadhu Ram Chand Murmu
Technology)	23.05.2023	100	University



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SESSION: 2021-2022

Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)
Creative writing competition: Topic—Students' Welfare, Policies in Bengal: Past & Present (Language Skill)	02.01.2022		Sri Sujan Pramanik, Assistnat Professor, Department of Philosophy, Jhagram Raj College
Seminar on Intellectual Property Right (Life Skill)	16.03.2022		Dr. Amiya Kumar Kalidaha, Senior Scientific Officer, Department of Science & Technology and Biotechnology, Government of West Bengal (DSTBT_WB)
Yoga Training (Life Skill)	25.05.2022		Dolan Mahata,

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SESSION: 2020-2021

Name of the capacity development and skills enhancement	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)
program Quiz Competition on	21.06. 2020	97	Oindrila Sen,
Yoga (Life Skill) Online Quiz on	-22.06.2020 24.07.2020-30.07.		<u> </u>
Aranya Saptaho (Life Skill)	2020	400	NSS Unit of Jhargram Raj College
Webinar on "Relevance of			(a) Shri Shib Sankar Das , Network Engineer, Centre for Educational
Massive Open Online Courses	12.08.2020	90	Technology, IIT Kharagpur
(MOOCs) in the time of Pandemic" (Awareness in Technology)	12.00.2020	90	(b) Dr. Aditya Bandopadhyay, Assistant Professor, Mechanical Engineering, IIT Kharagpur
Intra College Online Paragraph Writing Competition on Vector Borne Disease	20.08.203-23.08.2	79	NSS Unit of Jhargram Raj College

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(Language skill and Life Skill)			
Webinar on "Covid-19 and Students' Wellbeing" (Life Skill)	28.08.2020	90	(a) Prof. Subir Chandra Dasgupta , WBSES, Professor & HOD, Department of Zoology, Maulana Azad College, Kolkata
Python In Biology: A Brief Orientation for Absolute Beginners (Trends in Technology) (Awareness of Technology)	07.10.2020	90	Dr. Krishnendu Sinha, Department of Zoology, Jhargram Raj College
National Webinar on "Role of Health Care Ethics in Human Life" (Life Skill)	08.09.2020	90	(a) Prof. Santosh Kumar Pal , Professor & HOD, Department of Philosophy, University of Burdwan, West Bengal, India (b) Dr. Ratna Dutta Sharma , Former Professor, Department of Philosophy, Jadavpur University, West Bengal, India (c) Dr. Sanjay Kumar , Assistant Professor & HOD, Department of Philosophy, Singhbhum College, Chandil, Jharkhand, India

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A virtual "Community Awareness Programme" on "Eradicate cancer and Healthy Lifestyle" (Life Skill)	09.09.202	89	Agency: Sanjeevani- Life Beyond Cancer (SLBC) (a) Ms. Shilpa Pachal, Senior Counsellor, SLBC (b) Mr. Sudip Das, Senior Counsellor, SLBC (c) Mrs. Jasmine Khatoon, Senior Counsellor, SLBC (d) Mrs. Ruby Ahluwalia, Senior Bureaucrat, Life Coach, Founder of Non-profit organisation Sanjeevani Life Beyond Cancer (SLBC)
State Level Webinar on "Direct and Indirect Taxation in India: In the background of Covid-19 Lockdown" (Soft Skill)	21.09.2020	90	(a) Prof. (CA) Sunil Kumar Gandhi , Professor, Department of Commerce, Kalyani University (b) Prof. (CA) Shubhayan Basu, Associate Professor & HOD,, Department of Commerce, Anandamohan College
One day state level webinar on Google Site: A Brief Introduction (Trends in Technology)	15.09.2020	90	Sri. Sayantan Roy, Assistant Professor, Dept. of Mathematics, JRC

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			Agency: Jhargram Raj College Physics Alumni Association (JRCPAA)
Webinar on "Environmental Sustainability			(a) Dr. Goutam Kumar Dalapati , Associate Professor, SRM University-AP, India & Visiting Faculty at NUS-Singapore
Through Green Technologies: Present & Future" (Life Skill)	17.10.202	80	(b) Dr. Shantanu Bhowmik, Professor, Aerospace Engineering, School of Engineering, Amrita Vishwa Vidyapeetham, Coimbatore, India & Adjunct Professor, Center for Future Materials, University of Southern Queensland, Australia
"Beginners' Bioinformatics" (Awareness in Technology)	24th September, 2020	80	(a) Prof. Arnab Sen , Ph.D., Molecular Genetics Laboratory, Department of Botany & DBT- BioInformatics Facility, North Bengal University

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"Cell competition: from fruit-fly wing development to mammalian liver regeneration" (Life Skill)	10.11.2020	90	Dr. Jayanta Roy-Chowdhury, MBBS, MRCP, AGAF, FAASLD Marion Bessin Liver Research Center Albert Einstein College of Medicine 1300 Morris Park Avenue, Bronx, NY 10461
World Aids Day Celebration (Life Skill)	15.12.2020	8	Jhargram Raj College

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ESSION-2022-2023

1. Online Quiz on Environmental Awareness on the occasion of the World **Environment Day 2022**

Report: In order to raise awareness of environmental issues and encourage sustainability, Jhargram Raj College hosted an online quiz on environmental awareness on World Environment Day 2022. With 50 questions covering subjects including pollution, biodiversity, and climate change, the quiz attracted over 110 participants, both students and teachers. Eco-friendly gift baskets and certificates of achievement were given to the top ten achievers. Certificates of participation were given to each participant. The event was well-received and effectively increased public awareness of environmental issues. In summary, the quiz proved to be an effective tool for raising community awareness of environmental issues and sustainable practices.

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Cir. No. 85

JHARGRAM RAJ COLLEGE

Date: 03.06.2022.

It is hereby notified to all concerned that NSS Units I, II, III & IV of Jhargram Raj College are going to organize "Online Quiz on Environmental Awareness on the occasion of World Environment Day 2022" on 5th June, 2022 from 10am to 5pm. The quiz link is https://forms.gle/hpBQge5749XGPZaC8. All are cordially invited.

Countersigned

Principal

Jhargram Raj College

Secretary, NSS Units

Jhargram Raj College

Notice for Online Quiz on Environmental Awareness

Link for the Student List

Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College

Jhargram Raj College



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2. Observation of International Yoga Day

Report:

In honour of International Yoga Day on June 21, 2022, Jhargram Raj College hosted a number of activities designed to raise awareness of the mental, physical, and spiritual advantages of yoga. The occasion, which was free for teachers, students, and the neighbourhood, focused on how crucial it is to incorporate yoga into daily life for overall well being. At 7:00 AM, our qualified yoga instructor offered a group yoga practice to kick off the celebration. A variety of asanas (postures), pranayama (breathing exercises), and meditation techniques were practiced by the participants. The lesson stressed the subject of International Yoga Day 2022, which is "Yoga for Humanity," emphasising the benefits of yoga for stress management and general health enhancement. About 30 people attended the event, comprising community members, teachers, and pupils. The class was held in the main courtyard of the establishment, which offers a calm and comfortable setting for yoga. Positive comments were given by the attendees, who praised the session's reviving and relaxing qualities. Numerous individuals emphasised the significance of integrating yoga into their everyday regimens to improve their emotional and bodily well-being. The International Yoga Day celebration at Jhargram Raj College was a huge success, promoting wellbeing and a sense of community among attendees. The occasion served as further evidence of yoga's effectiveness as a means of improving one's own well-being and harmony.

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Principal (W.B.S.E.S), Jhargram Raj College

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Yoga Day celebration, Fig I

Yoga Day celebration, Fig II



Yoga Day celebration, Fig III



Yoga Day celebration, Fig IV



Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College



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Cir. No. 91 JHARGRAM RAJ COLLEGE Date: 16.06.2022.

It is hereby notified to all concerned that NSS Units I, II, III & IV & the Department of Physical Education of Jhargram Raj College are going to observe The International Day of Yoga (21st of June, 2022) jointly with the collaboration of the IQAC, Jhargram Raj College.

A Yoga Workshop will be conducted at 10 a.m. on 21st June, 2022 in Badminton Court of Jhargram Raj College as part of the observation of the International Day of Yoga. All are requested to join the aforesaid programme.

Countersigned

Principal Jhargram Raj College

Secretary, NSS Units Jhargram Raj College

Notice for Yoga Day Observation

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Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College

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3. AIDS Day Celebration

Report:

In honour of World AIDS Day, Jhargram Raj College hosted a programme on December 1st, 2022, in cooperation with the NSS unit. The event's objectives were to increase community and student knowledge of HIV/AIDS prevention strategies, increase awareness of HIV/AIDS, and foster support for individuals who are HIV positive. The principal gave the opening address at 10:00 AM, highlighting the significance of World AIDS Day and the role that educational institutions play in raising awareness. Dr. Bhuvan Chandra Hansda, Chief Medical Officer of Jhargram, Jhargram District Super Speciality Hospital, gave a presentation after the principal's speech in which he went into great detail about the causes, progression, and prevention of HIV/AIDS. In addition, Dr. Indranil, Sarkar, Superintendent, Jhargram District Super Speciality Hospital, debunked prevalent misconceptions about the illness and talked about the most recent developments in medical care. The NSS volunteers performed a play that illustrated the social stigma experienced by people living with HIV and underlined the importance of empathy and support after the educational session. The audience was deeply affected by the well-received skit, which reinforced the theme of empathy and comprehension. An interactive quiz competition on HIV/AIDS awareness was arranged in order to better engage the students. The purpose of the quiz was to assess and improve the participants' understanding of the illness. Students were encouraged to participate actively and with passion as a result of the winners receiving certificates and prizes. More than 40 people, including students, teachers, and community members, attended the World AIDS Day programme, which was a great success. The community's understanding and knowledge of HIV/AIDS have greatly increased as a result of Jhargram Raj College and the NSS unit's cooperative efforts. The incident served as further evidence of the value of compassion, knowledge, and preventative actions in the fight against HIV stigma and transmission.

The NSS coordinator, Souvick Biswas, thanked each and every volunteer and participant for their efforts and dedication to making the event successful. The college is eager to carry on the fight against HIV/AIDS by hosting additional events like this in the future.

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AIDS Day Observation Figure I

AIDS Day Observation Figure II



AIDS Day Observation Figure III





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Cir No. 189

Jhargram Raj College

DATE: 30.11.2022

It is hereby notified to all concerned that the NSS Units - I, II, III & IV in collaboration with the Internal Quality Assurance Cell of our college will organize a Seminar to observe World AIDS Day, 2022 from 12 p.m. on 1st December, 2022 at P.K. Sen Memorial Hall of our college.

We are honoured that Dr. Bhuvan Chandra Hansda, Chief Medical Officer of Jhargram, Jhargram District Super Speciality Hospital will grace the occasion as the Chief Guest, Dr. Indranil Sarkar, Superintendent, Jhargram District Super Speciality Hospital as the Special Guest, Dr. Sudeshna Majumdar, Principal, Jhargram Government Medical College and Hospital as the Special Guest and Dr. Nivedita Bhattacharya, Assistant Professor in Physiology will act as the Key-Note Speaker.

All are cordially welcome.

Countersigned:

DR. DEBNARAYAN ROY Principal, WBSES Jhargram Raj College

Sourich Biowas. SOUVICK BISWAS

Secretary, NSS Cell Jhargram Raj College

Notice for AIDS Day Observation

Jhargram Raj Cellege Dr. Debnarayan Roy,

Principal (W.B.S.E.S), Jhargram Raj College

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4. International Mother Language Day

Brief Report:

On February 21st, 2023, Jhargram Raj College celebrated International Mother Language Day to promote linguistic and cultural diversity. The event began with an inaugural speech by the principal, emphasising the importance of preserving mother tongues and the historical significance of the day. Dr. Dipankar Mondal, Head of the Department, Bengali, delivered a speech on the challenges faced by indigenous languages and the role of educational institutions in their preservation. This was followed by cultural performances showcasing the linguistic diversity of our college community, including songs, dances, and poetry recitations in various native languages. Participants in a multilingual poetry competition recited poems in their native tongues, including Alchiki. The principal gave awards and certificates to the winners. In addition to thanking everyone who attended and the organisers, the Cultural Secretary, Sujan Pramanik, reaffirmed the college's dedication to supporting linguistic variety. With more than 40 participants—students, faculty, and community members—the event was a huge success and got great reviews for its interesting and culturally enlightening activities.

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Mother Language Day celebration Fig I



Mother Language Day celebration Fig II

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Mother Language Day Celebration Fig III





Mother Language Day Celebration Fig IV

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Cir No: 48 JHARGRAM RAJ COLLEGE Date: 16/02/2023 All students, teachers, non-teaching staffs are hereby informed that 'International Mother Language Day' will be observed on 21st February 2023 with due solemnity at 11a.m in P.K.SEN Seminar Hall. All concerned are cordially invited to attend the programme. Countersigned Ligan Pramarik. Principal Convener Jhargram Raj College Cultural & Recreation Sub-Committee Principal Jhargram Raj College gram Raj Coll Copy to: 1. TCS, Jhargram Raj College. 2. Coordinator, IQAC, Jhargram Raj College. 3. All Departments. 4. All committee members. 5. Convener, Website Sub-Committee. 6. Office File.

Notice regarding International Mother Language Day Celebration

Jhargram Raj Cellege Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College

Principal



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5. Spoken English Course

Brief Report:

A Spoken English course was successfully held by the English Department of Jhargram Raj College from March 1st to April 30th, 2023. The goal of the course was to help students become more proficient speakers of English, more confident, and better communicators in both formal and informal contexts. On August 2nd, the Head of the English Department welcomed the participants and gave an overview of the course goals during the first session. The course incorporated interactive lessons, hands-on activities, and practice in real-world conversations in order to accommodate students with different levels of ability. The courses were led by seasoned faculty members, who concentrated on important topics such as conversational skills, grammar, vocabulary development, and pronunciation. Through role-playing exercises, group debates, and presentations, students were able to get practical experience in learning. Regular assessments and one-on-one meetings were held to track development and offer tailored feedback. Additionally, guest lectures from professionals in the field were scheduled to provide students with an understanding of the value of effective communication in work settings. During the certificate distribution ceremony on April 30th, the English Department's efforts and the students' active engagement were commended by the Principal, Dr. Debnarayan Roy. A certificate of completion was given to each participant, attesting to their commitment and growth in spoken English. Students gave the Spoken English course positive comments, noting that they valued the supportive learning environment and the engaging teaching methods. The English Department intends to host more classes of this kind in the future to keep raising the college community's level of language proficiency.

LINK for the details of the course

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O/C No.78(a)

JHARGRAM RAJ COLLEGE

Date: 22.07.2022

It is hereby notified that Departments are requested to send proposals for conducting a Program on Soft Skills and take necessary actions for the same in this academic year.

> Principal Jhargram Raj College Jhargram Raj College

Notification regarding the proposal for conducting Soft Skill Programmes

Jhargram Raj Cellege

Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College

Principal



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Jhargram, the 29th July 2022

The Principal, To: Jhargram Raj College,

Jhargram.

From: Head, Dept. of English Jhargram Raj College

Sub: Proposal for launching a course on Spoken English' & Grammar as Soft Skill

Development

Sir,

This is to inform you that as per the resolution taken in the departmental meeting held on 28.7.22, the Department of English opt to launch a Spoken English & Grammar course for this academic year. The course detail is attached herewith for your kind perusal. Your permission and co-operation are highly solicited.

Thank you and with best regards,

Yours faithfully,

Trizanka Mukhopadhyay Baon Priyanka Mukhopadhyay Basu

Head, Department of English Jhargram Raj College.

Prayer for Soft Skill Programme by Department of English

Jhargram Raj Cellege 26

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Cir. No. 117(a)

JHARGRAM RAJ COLLEGE

Date: 30.07.2022

Students of all the Departments of Jhargram Raj College are hereby informed that English Department will conduct a course on Spoken English & Grammar as Soft Skills Development for this academic session. Interested students are asked to attend the introductory lecture on 2nd August, 2022 in LH-7 from 03:00 p.m. and may enroll their names for the course. Further lecture dates will be notified in the classroom. The participants will be awarded a certificate on successful completion of the course.

Countersigned

Principal Jhargram Raj College Principal Jhargram Raj College

jita Saha 30.07,2022 Course Co-ordinator

Spoken English & Grammar

Notice for the conduction of "Spoken English & Grammar" Course

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6. Gymkhana Training

Report: Jhargram Raj College officially opened a new Gymkhana facility on June 15, 2022, to encourage physical fitness and wellness among staff and students. The goal of the state-of-the-art gymnasium is to improve the physical health and fitness levels of the college community by providing it with contemporary fitness equipment such treadmills, weight machines, and free weights. The Principal, Dr. Debnarayan Roy, presided over the inauguration ceremony and emphasised the value of physical fitness for both general well-being and academic achievement. The principal encouraged pupils to take full advantage of the resources provided and expressed excitement about the new building. The installation of the Gymkhana has been met with excitement and positive feedback, reflecting the college's commitment to fostering a healthy and active campus environment.

LINK for signatures

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Cir No. 56/A JHARGRAM RAJ COLLEGE

14.06.2022

It is notified for all concerned that Gymkhana of our college has been reinstalled and renovated with all modern fitness training equipment. All are instructed to utilise the same carefully under the supervision of Girija Basu, assistant professor of physical education, or Sikandar Ansary, assistant professor of political science. Students are informed to get all the details, such as operation times and safety measures, from the aforementioned faculties.

Sikondar Ansari

Dr. Debnarayan Roy

Principal

JHARGRAM RAJ COLLEGE

Gymkhana Supervisors,

Notification regarding reinstallation of Gymkhana

Jhargram Raj Cellege Dr. Debnarayan Roy, Principal (W.B.S.E.S),

Jhargram Raj College

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7. International seminar on Frontiers in Science

Report: The one-day International Symposium on Frontiers in Sciences, organised by Jhargram Raj College, was highly successful in gathering distinguished scholars, researchers, and students to examine and deliberate on the latest advancements in many scientific domains. The symposium commenced with an inaugural session graced by distinguished speakers, including **Professor Sushil Kumar Mahata from the School of Medicine, University of California**. His keynote address set the tone for the day, emphasising the importance of interdisciplinary collaboration in advancing scientific frontiers. The event featured a diverse range of topics covered by renowned experts:

- **Professor Pabitra Kumar Chakraborti**, Hon'ble Vice Chancellor of Vidyasagar University, delivered a thought-provoking talk on multiferroic behaviour of some materials.
- **Professor Amiya Kumar Panda**, Hon'ble Vice Chancellor of Sadhu Ramchand Murmu University, shared insights into green synthesis of silver nanoparticles.

An integral part of the symposium was the poster presentation session, where researchers and students showcased their work and engaged in lively discussions with peers and senior researchers. The posters covered a wide array of research themes, highlighting the breadth and depth of scientific inquiry being pursued within the academic community.

The symposium also provided a platform for young researchers and students to interact with established scholars, gaining valuable insights and feedback on their research endeavours. This exchange of ideas and perspectives was particularly enriching for all participants, contributing to the overall academic atmosphere of the event.

In conclusion, the International Symposium on Frontiers in Sciences was a testament to the spirit of academic inquiry and collaboration. It not only showcased the latest

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Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College

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advancements in various scientific disciplines but also fostered a sense of community among researchers from different institutions and backgrounds. The organisers, speakers, presenters, and attendees alike contributed to making this symposium a memorable and intellectually stimulating experience.



International Symposium Fig I



International Symposium Fig II

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Circular No.: 87

JHARGRAM RAJ COLLEGE

Date: 20.05.23

This is hereby notified to all concerned that due to unavoidable circumstances the International Symposia which was scheduled to be held on 22.05.2023 has been rescheduled on 23.05.2023. All concerned are informed accordingly.

Principal Jhargram Raj College

Copy to:

1. Coordinator, IQAC

2. Secretary, Teachers' Council

3. Guard file

4. Convener, Website Sub Committee

Notification for international symposium

Jhargram Raj Cellege 32

Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College

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One Day International Symposium on Frontiers in Science Organised by

JHARGRAM RAJ COLLEGE, Jhargram, WB-721507 (In Collaboration with Egra S. S. B. College, Midnapur, WB-721429) 22nd May, 2023, P. K. Sen Seminar Room, Jhargram Raj College 23nd

Speakers:

Prof. Sushil K. Mahata

Prof. Pabitra Kumar Chakrabarti

Ion'ble Vice-Chancellor, Vidyasagar University

Prof. Amiya Kumar Panda Hon'ble Vice-Chancellor, Sadhu Ram Chand Murmu University of Jhargram

ORGANISING COMMITTEE

Chairperson: Dr. Debnarayan Roy, Principal, Jhargram Raj College
Vice-Chairperson: Dr. Rahul Kumar Datta, Coordinator, IQAC, Jhargram Raj College & Dr. Satyajit
Ghorai, Secretary, Teachers' Council

Convenor: Dr. Krishnendu Sinha, Jhargram Raj College Joint Convenor: Dr. Ansaman Bej, Jhargram Raj College Organizing Secretary: Dr. Prasanta Patra, Jhargram Raj College Joint Organizing Secretary: Srijit Ghosh, Jhargram Raj College

Treasurer: Sanjib Kumar Das, Jhargram Raj College
Joint Treasurer: Dr. Koushik Sen, Jhargram Raj College
Joint Treasurer: Dr. Koushik Sen, Jhargram Raj College
Registration & Reception: Dr. Ushasi Dutta & Dr. Sussovan Mandal

Technical Session: Dr. Subhasree Pradhan, Sourav Barai & Subhadip Sau Certificate: Dr. Pradipta Ghosh & Sanjib Kumar Das Refreshment: Dr. Tapas Ghosh, Sanchayita Adikari & Md. Shariful Islam

Poster Presentation: Dr. Nivedita Bhattacharyya & Dr. Dilip Rout Members: Dr. Sourabh Mukhopadhyay, Dr. Nabakumar Bera, Dr. Tapar Kumar Adalder & Dr. Tarun Mistri

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Session: 2021-2022

1. Seminar on Intellectual Property Right

Report:

Jhargram Raj College conducted a seminar on Intellectual Property Rights (IPR) on March 16th, 2022. The seminar aimed to educate students about the importance of protecting intellectual property in various fields.

Key points covered:

- Introduction by the Principal on the significance of IPR in the knowledge economy.
- Keynote speaker, **Dr. Amiya Kumar Kaliadaha**, provided insights into types of intellectual property and procedures for protection.
- Interactive Q&A sessions facilitated student engagement and clarification of concepts.
- seminar concluded with positive feedback, enhancing students' understanding of IPR.

The seminar was a valuable learning experience, enhancing awareness and knowledge about intellectual property rights among the attendees.

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Poster/Flyer of the programme



Speaker of the Programme

Jhargram Raj Cellege

Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College



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Participants of the programme

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O/Cir No. 32/A

Jhargram Raj College

Date:10.03.2022

This is to inform all students and faculty members that Dr. Amiya Kaliadaha, an esteemed expert in intellectual property rights, will be conducting a special session at our college on March 16, 2022. The session aims to enhance awareness and understanding of intellectual property rights (IPR) and their significance in today's world.

Dr. Amiya Kaliadaha will cover various aspects, including copyrights, patents, trademarks, and trade secrets, highlighting their relevance in academia and beyond. This session is particularly beneficial for those involved in research, innovation, and creative endeavours.

All students and teachers are encouraged to attend this informative and insightful session to gain valuable knowledge about protecting and leveraging intellectual property.

> Principal Jhargram Raj College

Notification for the seminar on Intellectual Property Rights (IPR)

Jhargram Raj Cellege

Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College



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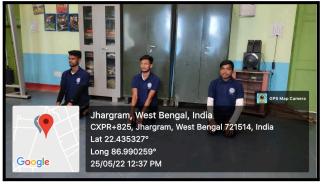
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2. Yoga Training:

Report:

Jhargram Raj College arranged a yoga class for students on May 25, 2022, with the goal of enhancing their physical and mental health. Yoga instructor Mrs. Girija Basu, who is an assistant professor in the department of physical education, led the class and led participants through a variety of asanas and breathing exercises. Students were to learn the advantages of consistent yoga practice, such as reduced stress, increased focus, and increased flexibility. Students gave great feedback and enthusiastically participated in the programme, praising the emphasis on holistic health. The yoga instruction effectively inspired students to use yoga in their daily schedules for improved general health.





Yoga Trainning Programme Fig I

Yoga Trainning Programme Fig II

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Yoga Trainning Programme Fig III

Yoga Trainning Programme Fig IV



Yoga Trainning Programme Fig V



Yoga Trainning Programme Fig VI





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Jhargram Raj College Cir No. 83/A

Date:20.05.2022

It is hereby notified to all concerned that NSS Units I, II, III & IV & the Department of Physical Education of Jhargram Raj College are going to organise a Yoga Training Camp jointly with the collaboration of the IQAC, Jhargram Raj College on May 25, 2022.

The Yoga Workshop will be conducted at 10 a.m. on May 25, 2022, in Badminton Court of Jhargram Raj College. All are requested to join the aforesaid programme.

> Principal Jhargram Raj College

Principal Jhargram Raj Cellege

Notification for the Yoga Training Programme

Jhargram Raj Cellege

Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College



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<u>Session: 2020-2021</u>

Quiz Competition on Yoga:

Report:

On June 21, 2020, Jhargram Raj College arranged a quiz tournament in honour of International Yoga Day 2022. The purpose of the event was to raise participant awareness and comprehension of yoga.

Objectives

- Enhance knowledge about yoga.
- Foster community and collective learning.
- Encourage daily yoga practice for better health.

All staff, faculty, and students were welcome to take the quiz; 240 people were split up into teams. The history, philosophy, forms, and health advantages of yoga were all discussed.

Format and Highlights

- Rounds: Introduction, Philosophy, Styles of Yoga, Health Benefits, Practical Knowledge.
- Inaugural Session: Principal of Jhargram Raj College inaugurated the event with insights on yoga's importance.
- Interactive Rounds: The quiz was engaging and competitive, with real-time scoring.

Supporting LINK for the Yoga Day Celebration

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Jhargram Raj College NSS Units I, II, III & IV



Date: 15.06.2020

NOTICE

All the Programme Officers of N.S.S. Units-I, II, III & IV of Jhargram Raj College are requested to attend an online meeting of the N.S.S. Units on Wednesday, 21.06.2020 to 22.06.2020. via Google Meet to discuss the following agenda:

- 1. Observation of World Yoga Day.
- 2. Matters arising

Link for Online Meeting: https://meet.google.com/ppm-itzx-wys

Secretary, N.S.S. Cell

Sourich BioNas.

Jhargram Raj College

Notice for the Yoga Day Celebration

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Online Quiz on Aranya Saptaho:

Report

An online quiz competition was held by Jhargram Raj College in honour of Aranya Saptaho (Forest Week) 2020. The purpose of the event was to increase public awareness of environmental protection and forest conservation.

Objectives

- Increase knowledge about forests and their importance.
- Promote environmental awareness and conservation efforts.

Engagement and Structure

All faculty, staff, and students were eligible to take the quiz. Inquiries about biodiversity, conservation strategies, forest ecosystems, and environmental laws were addressed by the participants. Real-time scoring and multiple-choice questions were features of the competition.

The Aranya Saptaho 2020 online quiz effectively raised awareness of environmental education and forest conservation. The occasion brought to light how crucial it is to save our forests for future generations.

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Supporting LINK for Quiz



Jhargram Raj College NSS Units I, II, III & IV



Date: 10.07.2020

NOTICE

All the Programme Officers of N.S.S. Units-I, II, III & IV of Jhargram Raj College are requested to attend an online meeting of the N.S.S. Units on Saturday, 18.07.2020 via Google Meet to discuss the following agenda:

- 1. Observation of Online Quiz on ARANYA SAPTAHA & BANMAHOTSAV 2020.
- 2. Matters arising

Link for Online Meeting: https://meet.google.com/ppm-itzx-wys

Secretary, N.S.S. Cell

Sourich BioNas.

Jhargram Raj College

Notification regarding the observation of Aranya Saptaha and Banmahotsav

44

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Webinar on "Relevance of Massive Open Online Courses (MOOCs) in the time of Pandemic:

Report

"Relevance of Massive Open Online Courses (MOOCs) in the Time of Pandemic" was the topic of a webinar that Jhargram Raj College presented on 12th 12, 2020. The purpose of the event was to investigate the relevance and effects of MOOCs during the COVID-19 epidemic.

Objectives

- Discuss the role of MOOCs in continuing education during the pandemic.
- Highlight the benefits and challenges of MOOCs for learners and educators.

Key Highlights

- Speakers: Experts from academia and online education platforms shared insights.
- Topics Covered: Accessibility of Education, Flexibility of Learning Schedules, Quality of Online Courses, and Future Prospects of MOOCs.
- Interactive Session: Participants engaged in a lively Q&A session, discussing practical experiences and future trends.

The webinar was successful in emphasising how important MOOCs are to preserving educational continuity in the event of a pandemic. Participants

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acquired insightful knowledge of the advantages and difficulties of online learning environments.

JHARGRAM RAJ COLLEGE O/C No. 95

This is for information to all concerned that a DBT Star College Scheme Sponsored One Day National Webinar on "Relevance of Massive Open Online Courses (MOOCs) in the time of Pandemic" organized by the Department of Zoology (UG & PG), Jhargram Raj College will be held from 3 p.m. to 6 p.m. on 12th August, 2020. Interested students and esteemed faculty members who are willing to participate in the webinar may register themselves on and from 05.08.2020. (10 a.m. onwards) by clicking on the link provided on the flyer.

> Principal/Officer-in-Charge Jhargram Raj College

Date: 05.08.2020.

Notification regarding the Webinar on MOOC

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Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College



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Flyer for the webinar on MOOC

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Flyer for the webinar on MOOC

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Intra College Online Paragraph Writing Competition on Vector Borne Disease:

Report

Jhargram Raj College held an Intra College Online Paragraph Writing Competition on vector-borne diseases on 20th August, 2020. The event aimed to raise awareness and improve students' writing skills.

<u>Participation</u>

Students submitted well-researched paragraphs on various vector-borne diseases such as malaria, dengue fever, and Lyme disease. Entries were judged on content, clarity, and originality.

Highlights

- Engagement: High participation from students across departments.
- Diverse Topics: Covered a range of vector-borne diseases.
- Quality: Submissions showcased strong research and understanding.

The competition successfully raised awareness and highlighted the importance of preventing vector-borne diseases.

Supporting LINK to paragraph writing

49

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Jhargram Raj College NSS Units I, II, III & IV



Date: 10.08.2020

NOTICE

All the Programme Officers of N.S.S. Units-I, II, III & IV of Jhargram Raj College are requested to attend an online meeting of the N.S.S. Units on Wednesday, 14.08.2020. at 12:30 p.m. via Google Meet to discuss the following agenda:

- 1. Intra College Online Paragraph Writing Competition on Vector Borne Disease
- 2. Matters arising

Link for Online Meeting: https://meet.google.com/ppm-itzx-wys

Secretary, N.S.S. Cell Jhargram Raj College

Sourich BioNas.

Notification regarding online paragraph writing

50

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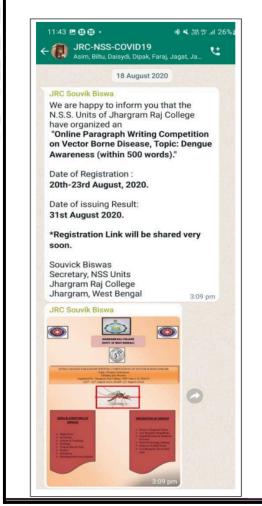
Jhargram Raj College

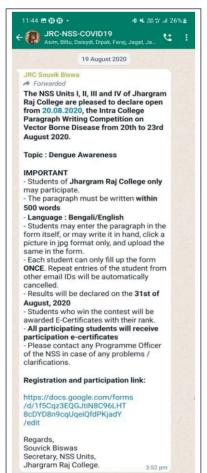


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Screenshot regarding informing students about the programme

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Webinar on "Covid-19 and students Wellbeing"

Report

On August 28, Jhargram Raj College conducted a webinar titled "Covid-19 and Students' Wellbeing." The event focused on the impact of the pandemic on students' mental and physical health.

Objectives

- Address the challenges faced by students during the Covid-19 pandemic.
- Provide strategies for maintaining mental and physical wellbeing.

Key Highlights

- Speakers: Mental health professionals and educators shared insights and coping strategies.
- Topics Covered: Stress management, online learning challenges, maintaining social connections, and healthy routines.

The webinar highlighted the importance of supporting students' wellbeing during the pandemic and offered practical advice for managing stress and maintaining a balanced lifestyle.

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O C No. 98

JHARGRAM RAJ COLLEGE

DATE 20.08.2020

It is hereby notified to all concerned that Department of Zoology is going to organize the following events:

- A workshop on "How to organize webinars and classes on digital platform" Speaker: Dr. Krishnendu Sinha, Assistant Professor of Zoology, Jhargram Raj College Date: 23.08.2020 and 24.08.2020, Time: 3 P.M. via Google meet.
- 2. A webinar on "Covid 19 and Students' wellbeing"

Speaker: Prof. Subir Chandra Dasgupta, WBSES, Professor & Head, Department of Zoology, Maulana Azad College, Kolkata

Date: 28.08.2020, Time: 3 P.M. via Google meet

Interested teaching faculties are cordially invited to attend the same. E certificate will be provided to the participating teachers. Please follow the programme details in college website.

Countersigned

[Dr. Debnarayan Roy] Principal/Officer-in-charge Jhargram Raj College

ahulk unaz Datta

[Dr. Rahul Kumar Datta] Associate Professor & Head Department of Zoology Jhargram Raj College

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MEMBERS OF THE

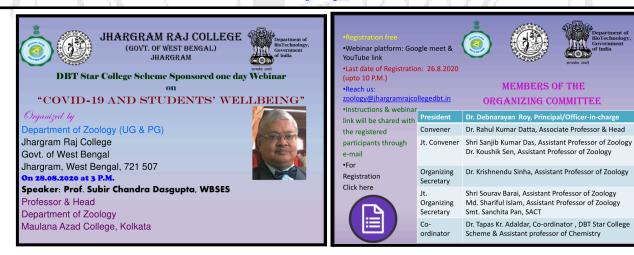
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Flyer for the programme





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National Webinar on "Role of Health Care Ethics in Human Life"

Report

On 8th September, 2020 Jhargram Raj College hosted a national webinar titled "Role of Health Care Ethics in Human Life." The event aimed to discuss the importance of ethical principles in healthcare.

Objectives

- Explore the significance of healthcare ethics.
- Discuss the impact of ethical practices on patient care and medical decision-making.

Key Highlights

- Speakers: Renowned experts in medical ethics shared their insights.
- Topics Covered: Patient rights, confidentiality, informed consent, and ethical dilemmas in healthcare.

The webinar emphasised the crucial role of healthcare ethics in improving patient outcomes and maintaining trust in the medical profession. It provided valuable knowledge to participants on the ethical challenges faced in healthcare.

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Cir. No. 34

JHARGRAM RAJ COLLEGE

Date: 31.08.2020.

This is for information to all concerned that the college is going to organise a series of webinars as per the following schedule:

- 1) DBT Star College Scheme Sponsored One Day Webinar on "Python in Biology: A Brief Orientation for Absolute Beginners" organized by the Department of Zoology (UG & PG), Jhargram Raj College at 3 p.m. on 7th September, 2020.
- 2) One Day National Webinar on "Role of Health Care Ethics in Human Life" organized by the Department of Philosophy, Jhargram Raj College at 3 p.m. on 8th September, 2020
- 3) Virtual 'Community Awareness Programme' on "Eradicate Cancer and Healthy Lifestyle" jointly organized by the Department of Zoology (UG & PG), Jhargram Raj College and Sanjeevani-Life Beyond Cancer (NGO) on 9th September, 2020.

Interested students and esteemed faculty members who are willing to participate in the aforesaid webinar may register by clicking on the link provided on the flyer.

However, our esteemed colleagues, those who are willing to participate in the webinar programme of 7th September, 2020 are requested to send a consent for registration on following email id: jrczoologyhod@gmail.com. E-Certificate will be issued to all registered participants.

> Principal/Officer-in-Charge Jhargram Raj College

Notification regarding the webinar

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Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College



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Flyer of the webinar

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"Beginners' Bioinformatics"

Report:

Beginners Bioinformatics

Jhargram raj college organized a webinar titled "Beginners' Bioinformatics" aimed at introducing participants to the basics of bioinformatics and its applications in biological research.

Objectives

- Introduction to Bioinformatics: Provide an overview of bioinformatics and its role in analyzing biological data.
- Techniques: and Introduce participants to commonly bioinformatics tools and techniques.
- Applications: Discuss real-world applications of bioinformatics in genomics, proteomics, and molecular biology.
- Career Opportunities: Highlight career paths and opportunities bioinformatics.

Key Highlights

- Fundamentals of Bioinformatics: Overview of biological databases, sequence alignment, and data analysis.
- Bioinformatics Tools: Introduction to tools such as BLAST, CLUSTALW, and NCBI databases.
- Case Studies: Present case studies showcasing bioinformatics applications in areas like genome sequencing and protein structure prediction.

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- Expert Insights: Insights from experienced bioinformaticians on career prospects and skill development in bioinformatics.
- Interactive Sessions: Q&A sessions and discussions allowed participants to interact with speakers and clarify concepts.

The "Beginners' Bioinformatics" webinar provided participants with a foundational understanding of bioinformatics and its relevance in modern biological research. It sparked interest in bioinformatics among beginners and highlighted the potential for career growth in this field.

Principal

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DEPARTMENT OF BOTANY JHARGRAM RAJ COLLEGE, GoWB JHARGRAM, WEST BENGAL, 720507 **PRESENTS**

BEGINNERS' BIOINFORMATICS

PROGRAMME
INAUGURATION & WELCOME ADDRESS
DR. DEBNARAYAN BOY, PROSE

DR. ABHIJIT DATTA, HEAD, DEPARTMENT OF BOTANY, JRC

DR. ARNAB SEN, PROFESSOR, DEPARTMENT OF BOTANY, NBU

ORGANISING COMMITTEE:

ORGANISING COMMITTEE

PATRON: DR. DEBNARAYAN ROY, PRINCIPAL / OFFICER IN CHARGE, JHARGRAM RAJ COLLEGE
CONVENOR: DR. ABHUIT DATTA, ASSOCIATE PROFESSOR & HEAD, DEPARTMENT OF BOTANY, JRC
ORGANIZING SECRETARY: MR. ARABINDA SAMANTA, ASSISTANT PROFESSOR, JRC
JR. BC. GARGI SENGUPTA, ASSOCIATE PROFESSOR, JRC
DR. MD. BADRUDDOZA ARIFIN, ASSISTANT PROFESSOR, JRC
MEMBERS: DR. SUDIP KUMAR DAS, SACT IN BOTANY, JRC
MS. DALIYA MAHATO, SACT IN BOTANY, JRC
TECHNICAL ADVISOR DR. KRISHNENDU SINHA, ASSISTANT PROFESSOR, JRC
DBT-STAR COLLEGE JRC COORDINATOR: DR. TAPAS ADALDAR, ASSISTANT PROFESSOR, JRC

SEP 24, 2K20 • 4:00 P.M. TO 5:30 P.M.

PLEASE REGISTER HERE

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Jhargram Raj College

Cir No. 51 Date: 21.09.2020

It is hereby notified to all concerned that the Department of Botany, Jhargram Raj College is going to organize a State Level Webinar on "Beginners' Bioinformatics" on 24.09.20. Please find the flyer attached.

Countersigned

Principal/Officer-in-Charge Jhargram Raj College

HOD, Botany Jhargram Raj College

Notification regarding the webinar

Jhargram Raj Cellege Dr. Debnarayan Roy,

Principal (W.B.S.E.S), Jhargram Raj College



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* A virtual "Community Awareness Programme" on "Eradicate cancer and **Healthy Lifestyle**"

Report

Jhargram Raj College conducted a virtual Community Awareness Programme titled "Eradicate Cancer and Healthy Lifestyle." The programme aimed to educate the community about cancer prevention and promote healthy lifestyle choices.

Objectives

- Increase awareness about cancer prevention and early detection.
- Educate participants on the importance of a healthy lifestyle in reducing cancer risk.
- Provide practical tips for maintaining overall health and wellness.

Participation and Format

The virtual event saw enthusiastic participation from community members, healthcare professionals, and students. The programme included informative presentations, interactive Q&A sessions, and resource sharing.

<u>Key Highlights</u>

 Expert Speakers: Oncologists, nutritionists, and fitness experts discussed various aspects of cancer prevention and healthy living.

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Topics Covered:

- Risk factors and early signs of cancer.
- The role of diet, exercise, and regular screenings in cancer prevention.
- Strategies for adopting and maintaining a healthy lifestyle.

Interactive Sessions: Participants engaged actively in Q&A sessions, sharing their concerns and receiving personalised advice from experts.

The virtual Community Awareness Programme on "Eradicate Cancer and Healthy Lifestyle" successfully raised awareness about cancer prevention and the importance of healthy living. The event provided valuable information and practical tips to help participants reduce their cancer risk and improve their overall health.

Supporting LINK to Programme

Principal Jhargram Raj Cellege

Dr. Debnarayan Roy,

Principal (W.B.S.E.S), Jhargram Raj College



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Cir. No. 34

JHARGRAM RAJ COLLEGE

Date: 31.08.2020.

This is for information to all concerned that the college is going to organise a series of webinars as per the following schedule:

- 1) DBT Star College Scheme Sponsored One Day Webinar on "Python in Biology: A Brief Orientation for Absolute Beginners" organized by the Department of Zoology (UG & PG), Jhargram Raj College at 3 p.m. on 7th September, 2020.
- 2) One Day National Webinar on "Role of Health Care Ethics in Human Life" organized by the Department of Philosophy, Jhargram Raj College at 3 p.m. on 8th September, 2020
- 3) Virtual 'Community Awareness Programme' on "Eradicate Cancer and Healthy Lifestyle" jointly organized by the Department of Zoology (UG & PG), Jhargram Raj College and Sanjeevani-Life Beyond Cancer (NGO) on 9th September, 2020.

Interested students and esteemed faculty members who are willing to participate in the aforesaid webinar may register by clicking on the link provided on the flyer.

However, our esteemed colleagues, those who are willing to participate in the webinar programme of 7th September, 2020 are requested to send a consent for registration on following email id: jrczoologyhod@gmail.com. E-Certificate will be issued to all registered participants.

> Principal/Officer-in-Charge Jhargram Raj College

Notification regarding the webinar

Jhargram Raj Cellege

Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College



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State level Webinar on "Direct and Indirect Taxation in India: In the Background of Covid 19 Lockdown"

Report

On 21st September, 2020 a state-level webinar titled "Direct and Indirect Taxation in India: In the Background of Covid-19 Lockdown" was organised by Jhargram Raj College. The webinar focused on the impact of the Covid-19 lockdown on India's tax system.

<u>Key Highlights</u>

- Speakers: Tax experts and economists discussed the effects of the lockdown on tax collection and compliance.
- Topics Covered: Changes in direct and indirect tax policies, government relief measures, and challenges faced by taxpayers during the pandemic.

The webinar provided valuable insights into the adjustments in India's taxation system due to the Covid-19 lockdown, highlighting both challenges and relief measures.

Supporting LINK for Taxation Programme

Jhargram Raj Cellege

Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College

Date: 13.09.2020.

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Cir. No. 43

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This is for information to all concerned that a One Day State-level Webinar on "Direct and Indirect Taxation in India: In the Background of COVID-19 Lockdown" organized by the Department of Commerce, Jhargram Raj College will be held on 21st September, 2020 at 3:00 p.m. Interested students and esteemed faculty members who are willing to participate in the webinar may register by clicking on the following link: https://rb.gv/ztc4sw

Countersigned

Principal/Officer-in-Charge Jhargram Raj College

Head, Department of Commerce Jhargram Raj College

P. Panda

Notification regarding the webinar

Jhargram Raj Cellege 66



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Webinar on "Environmental Sustainability Through Green Technologies: Present & Future"

Report

Jhargram Raj College_college organised a webinar titled "Environmental Sustainability Through Green Technologies: Present & Future" to explore the role of green technologies in promoting environmental sustainability.

Objectives

- Educate Participants: Provide insights into the current state of environmental sustainability and the importance of green technologies.
- Highlight Innovations: Showcase innovative green technologies and their impact on reducing environmental footprint.
- Discuss Future Trends: Explore upcoming trends and advancements in green technologies for sustainable development.
- Encourage Action: Inspire participants to adopt and support green practices in their personal and professional lives.

<u>Key Highlights</u>

- Overview of Environmental Challenges: Discussion on global environmental challenges such as climate change, pollution, and resource depletion.
- Green Technology Solutions: Presentation of green technologies like renewable energy, sustainable agriculture, waste management, and eco-friendly manufacturing.

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- Case Studies: Examination of successful implementation of green technologies in different sectors and their positive environmental outcomes.
- Expert Insights: Contributions from environmental experts, technologists, and policymakers on the potential of green technologies in achieving sustainability goals.
- Interactive Sessions: Q&A sessions allowed participants to engage with speakers, ask questions, and share perspectives.
- Polls and Surveys: Gathering feedback and opinions on green technology preferences and implementation challenges.

The webinar on "Environmental Sustainability Through Green Technologies" provided valuable insights into the current landscape of green technologies, their impact on environmental sustainability, and future trends. It served as a platform to promote awareness, knowledge sharing, and collaboration towards a greener and more sustainable future.

Link for the Programme

Principal Cellege

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Flyer of the webinar

Principal

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JHARGRAM RAJ COLLEGE

NOTICE

Date: 08-10-2020 Cir: 66

It is hereby notified to all concerned that the Jhargram Raj College Physics Alumni Association & Dept. of Physics, Jhargram Raj College are going to host a webinar entitled "Environmental Sustainability Through Green Technologies: Present and Future" on 17th October, 2020 at 4.00 PM. Please find the flyer attached.

Countersigned

Principal / Officer-in-Charge

Jhargram Raj College

FRonk.

HOD, Physics

Jhargram Raj College

Notification regarding the webinar

Jhargram Raj Cellege

Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College



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*** World AIDS Day Celebration:**

Brief report:

On December 1, 2020, Jhargram Raj College observed World AIDS Day to raise awareness about HIV/AIDS. Organisations and individuals worldwide emphasised the importance of prevention, testing, and access to treatment. The day served as a reminder of the ongoing fight against HIV/AIDS and the need for continued efforts to end the epidemic.

Supporting LINK to Programme

Principal

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Observation of World AIDS Day

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Jhargram Raj College NSS Units I, II, III & IV



Date: 01.12.2020

NOTICE

All the Programme Officers of N.S.S. Units-I, II, III & IV of Jhargram Raj College are requested to attend an online meeting of the N.S.S. Units on Tuesday, 08.12.2020 via Google Meet to discuss the following agenda:

- 1. Observation of World AIDS Day.
- 2. Matters arising

Link for Online Meeting: https://meet.google.com/ppm-itzx-wys

Secretary, N.S.S. Cell

Sourich Biowas.

Jhargram Raj College

Notification regarding observation of World AIDS Day

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Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College



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SESSION: 2019-2020

*** World AIDS Day Celebration:**

Our college commemorated World AIDS Day on December 1, 2019, with a series of events focused on raising awareness about HIV/AIDS. The activities included educational seminars, poster exhibitions, and voluntary testing campaigns. Students and faculty actively participated in discussions and workshops highlighting prevention, treatment, and stigma reduction. The event successfully promoted awareness and encouraged a supportive environment for those affected by HIV/AIDS within our college community.

Supporting LINK for the programme

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O. Cir No. 2/8

JHARGRAM RAJ COLLEGE

DATE: 17.12.2019

NOTICE

The NSS Units I, II, III and IV of Jhargram Raj College will be organising a special programme on "Observation of World AIDS Day (1st December 2019)" followed by a "Health Awareness Programme", to be

Programme:	Observation of World AIDS Day (1st December 2019) and Health Awareness Programm	
Speakers:	Sri Avijit Roy, Counselor, ICDC Thargram Sugar Co. 111	
Date & Time:	Sri Sreejit Ghosh, Assistant Professor, Dept. of Physiology, Jhargram Raj College 18.12.2019 (Wednesday), at 12 pm.	
Venue:	Seminar Room, Main Building, Jhargram Raj College	

All are cordially invited to attend the aforesaid programme.

Countersigned:

Principal/Officer-in-Charge Jhargram Raj College

Secretary Jhargram Raj College

Notification regarding observation of World AIDS Day

Jhargram Raj Cellege Dr. Debnarayan Roy,

Principal (W.B.S.E.S), Jhargram Raj College



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Presentation Technique

Brief report:

A presentation titled "Text and Theory" was delivered at our college, exploring the intersection of textual analysis and theoretical frameworks in academic research.

Objectives

- Textual Analysis: Discuss methods and approaches for analysing texts in various disciplines.
- Theoretical Frameworks: Introduce key theoretical perspectives used in analysing texts, such as structuralism, post-structuralism, and cultural studies.
- Application: Demonstrate how theoretical frameworks can be applied to interpret and critique texts.

Key Points

- Textual Analysis Techniques: Overview of techniques like close reading, discourse analysis, and content analysis.
- Theoretical Perspectives: Introduction to structuralism, post-structuralism, semiotics, feminism, and critical theory in the context of text analysis.
- Case Studies: Analysis of literary texts, media content, and cultural artefacts using different theoretical lenses.
- Implications: Discussion on how theoretical frameworks shape our understanding of texts and influence scholarly discourse.
- Discussion Sessions: Interactive discussions allowed participants to share insights and perspectives.

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• Q&A Segment: Participants engaged in a Q&A session to clarify concepts and seek further explanations.

The presentation on "Text and Theory" provided a comprehensive overview of textual analysis methods and theoretical frameworks, fostering a deeper understanding of how texts are interpreted and contextualised within different disciplines.

Supporting LINK for the programme

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> Jhargram Raj College Jhargram

Office circular No. 183

Date: 20 .11 . 19 .

Paper Presentation Programme

Topic: Theory and Text

Date: 27.11.2019 Programme Schedule

10:00 a.m. -10:30 a.m. - Registration

10:30 a.m.-11:00 a.m. Keynote Address: Sri Soumen Jana

First Academic Session: Chair Person: Sri Soumen Jana 11:00 a.m.-1:30 p.m.

Name of The Speakers	Topic	
Sayantan Das	Marxism in Look Back in Anger	
Indrajit Chalak	Humanism and Elizabethan Heroes	
Nisha Parven	Psychoanalysis in Browning's Poems	
Arpita Sahoo	Utilitarianism and Dickens' Hard Times	
Payel Ghosh	Symbolic Movement in Eliot's Poems	
Bithi Dutta	-Renaissance and Elizabethan Poetry	
Sourav Chakraborty	Modernism and Eliot	
Dhananjoy Sing	Stream of Consciousness of Prufrock	
Avijeet Adhikary	Modernism and Eliot	
Urmi Mahata	Modernism and Romanticism in Years's Poems	
Kankan Jana	Faith and Crisis in Mathew Arnold's Poems	
Sweety Chakratosty	Moderism and w. B. Yeats	

1:30 p.m.-2:00 p.m. Invited Talk: Madhubanti Bhuin: Feminism in Texts

2:00 p.m.-4:00 p.m. Second Academic Session: Chair person: Madhubanti Bhuin

Topic		
Feminism and Streetcar Named Desire		
Feminism and Lady Macbeth Feminism and Portrayal of Leela Benare Feminist Reading of Kamala Das's Poems		

Principal/Officer-In-Cl

Smt. Priyanka Mukhopadhyay Basu In-Charge , Paper Presentation Programme

Notification regarding the Paper Presentation Programme

Jhargram Raj Cellege Dr. Debnarayan Roy, Principal (W.B.S.E.S),

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***** Karate cum Self-Defence course:

Our college organised a Karate cum Self-Defense course from 07.12.2019 aimed at empowering students with essential self-defence skills and promoting physical fitness and confidence.

Objectives

- Equip participants with basic and advanced techniques in Karate and self-defence.
- Enhance self-confidence and personal safety awareness among students.
- Promote physical fitness and mental discipline through martial arts training.

Course Structure

The course included:

- Basic Karate Techniques: Participants learned fundamental strikes, blocks, and kicks.
- Self-Defense Training: Focus on practical self-defense techniques for various situations.
- Fitness and Conditioning: Warm-up exercises, flexibility training, and stamina-building workouts.
- Mental Discipline: Emphasis on focus, concentration, and self-control.

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The course was open to students of all levels of experience and fitness. Participants expressed satisfaction with the training quality and found the course beneficial for self-confidence and personal safety.

The Karate cum Self-Defense course organized by our college was a success in promoting physical fitness, self-confidence, and personal safety awareness among participants. It provided valuable skills and knowledge for students to navigate challenging situations effectively.

Principal

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JHARGRAM RAJ COLLEGE

Cir. No. 10

Date: 22-11-10

This is for information of all concerned that a short term certificate course in self-defence is going to be set-up at Jhargram Raj College soon. Those among the bona fide students of the college who are willing to take the course are directed to contact the course coordinator Sri Sikandar Ansari, Assistant Professor of Political Science and get themselves registered before 15th December, 2019.

Principal/Officer-in-Charge Jhargram Raj College

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Notification regarding the self-defence course

Jhargram Raj Cellege 82

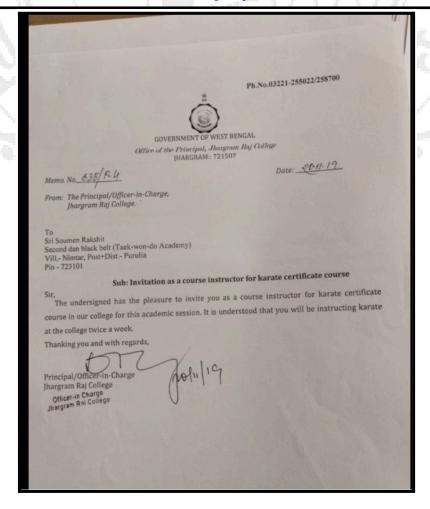
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Awareness activities on "National Tobacco Control observation of "World Cancer Day"

Brief report:

Our college conducted awareness activities as part of the National Tobacco Control Programme and observed World Cancer Day to raise awareness about the harmful effects of tobacco use and the impact of cancer.

<u>Objectives</u>

- Educate students and staff about the dangers of tobacco consumption and the importance of tobacco control measures.
- Raise awareness about cancer prevention, early detection, and treatment options.
- Encourage a healthy lifestyle and promote cancer awareness within the college community.

Activities

- Educational Seminars: Experts delivered informative sessions on the health risks associated with tobacco use and the link between tobacco and cancer.
- Poster and Information Displays: Visual displays and informational posters were set up to educate participants about tobacco control and cancer prevention strategies.
- Interactive Workshops: Workshops on smoking cessation techniques and healthy lifestyle choices were conducted to empower individuals to make positive changes.

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• Awareness Campaigns: Social media campaigns and campus-wide awareness drives were organized to reach a wider audience and promote key messages.

The activities saw active participation from students, faculty, and staff. Participants gained valuable knowledge about the detrimental effects of tobacco and the importance of cancer prevention. Many expressed their commitment to adopting healthier habits and supporting tobacco control efforts.

The awareness activities for the National Tobacco Control Programme and the observation of World Cancer Day were instrumental in spreading awareness, educating the community, and fostering a healthier environment within our college.

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Jhargram Raj College Cir No. 5A

It is hereby notified to all concerned that NSS Units, I, II, III & IV of Jhargram Raj College are going organise a National Tabacoo Control Programme jointly with Department of Health and Family Welfare on February 04, 2020. All are requested to join the aforementioned programme.

> Principal Jhargram Raj College

JHARGRAM RAJ COLLEGE

Date:21.01.2020

Notification for National Tabacoo Control Programme

Jhargram Raj Cellege

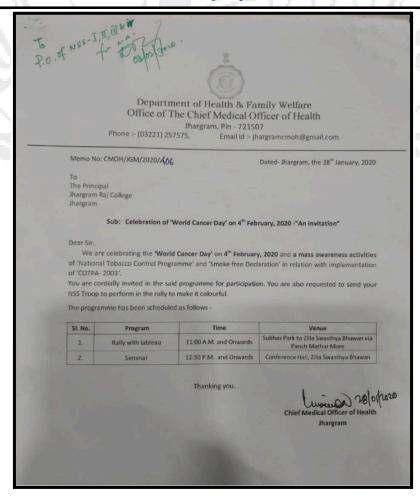
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Department of Health & Family Welfare
Office of the Chief Medical Officer of Health, Jhargram
PO & Dist – Jhargram :: PIN – 721507 :: E-mail – <u>ihargramcmoh@gmail.com</u>, Ph. 03221-257575

Certificate of Appreciation

This is to certify that the following volunteers of the NSS (National Service Scheme) Units of Jhargram Raj College have participated in the programme and rally organized by the Jhargram District Hospital to observe "World Cancer Day" on the 4th of February 2020, and have participated in the mass awareness activities of "National Tobacco Control Programme".

S. No.	NSS UNIT	NAME	REMARKS
1.	101	RIJU MUKHERJEE	Participated
2.	III	SAYAN SARKAR	Participated
3.	111	ARPITA SAHOO	Participated
4.	10	SHUBHAJIT BISWAS	Participated
5.	Ш	SOUMYADEEP SATPATHY	Participated
6.	10	PUTUL MANDAL	Participated
7.	10	PRAVATI PAL	Participated
8.	III	NISHA PARVEEN	Participated
9.	IV	BILTU GARAI	Participated
10.	IV	BAPPA PATRA	Participated

We appreciate the efforts of these volunteers of the National Service Scheme (Units III & IV) of Jhargram Raj College in participating in these programmes, and we hope that they will help to spread awareness about cancer, and the harmful effects of tobacco on human lives.

Chief Medical Officer of Health Jhargram

Chief Medical Officer of Health Jhargram

Certificate of Appreciation

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* Thalassaemia Detection Camp:

Brief Report

Jhargram Raj College college organised a Thalassemia Detection Camp to facilitate early detection and awareness of Thalassemia, a genetic blood disorder.

Objectives

- Early Detection: Provide free blood tests to individuals to determine their thalassemia status.
- Awareness: Educate participants about thalassemia, its types, symptoms, and treatment options.
- Genetic Counselling: Offer counselling and guidance to individuals with Thalassemia trait or disease and their families.
- Community Engagement: Promote community involvement in health awareness and genetic screening.

Camp Activities

- Free Blood Tests: Participants underwent blood tests to determine their Thalassemia status, including Thalassemia Minor (trait) and Thalassemia Major (disease).
- Educational Sessions: Healthcare professionals delivered informative sessions on Thalassemia, genetic inheritance, and preventive measures.

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- Counselling Services: Genetic counsellors provided counselling to individuals with Thalassemia trait or disease, offering support and guidance.
- Awareness Campaign: Posters, pamphlets, and social media campaigns were used to raise awareness about Thalassemia and the importance of genetic screening.
- Awareness: Increased knowledge and understanding of Thalassemia among participants and the community.

Supporting Link

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Cir No. 13A

Jhargram Raj College

Date:20.02.2020

It is hereby notified to all concerned that NSS Unit II of Jhargram Raj College are going to organise a Thalassemia Detection Camp 2020 at Sevayatan Village, the adopted village of NSS Unit II. Approx 200 hundred students and volunteers will participated in this programme for Thalassemia Detection. Concerned students are requested to contact the supervisor of NSS Unit II.

OFFICER - IN - CHARGE JHARGRAM RAJ COLLEGE

Principal Jhargram Raj College

Notification for Thalassemia Programme

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❖ Online Quiz on Environmental Awareness

Brief Report

Our college organized an online quiz on environmental awareness as part of our commitment to promoting sustainability and eco-consciousness among students and faculty.

Objectives

- Raise awareness about environmental issues, conservation efforts, and sustainable practices.
- Engage participants in learning about environmental challenges and solutions.
- Encourage a culture of environmental stewardship and responsibility.

Format and Topics

The online quiz comprised multiple-choice questions covering various topics such as:

- Climate change and its impacts
- Biodiversity conservation
- Renewable energy sources
- Waste management and recycling
- Environmental policies and initiatives

Participation and Engagement

Students, faculty, and staff actively participated in the quiz, showcasing their knowledge and understanding of environmental issues. The interactive format encouraged engagement and facilitated learning.

Jhargram Raj Cellege

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Supporting LINK For Environmental Awareness



Jhargram Raj College NSS Units I, II, III & IV



Date: 27.05.2020

NOTICE

All the Programme Officers of N.S.S. Units-I, II, III & IV of Jhargram Raj College are requested to attend an online meeting of the N.S.S. Units on Wednesday, 03.06.2020. via Google Meet to discuss the following agenda:

- 1. Observation of World Environment Day.
- Matters arising

Link for Online Meeting: https://meet.google.com/ppm-itzx-wys

Secretary, N.S.S. Cell

Sourich Biowas.

Jhargram Raj College

Notification for online meeting

Jhargram Raj Cellege 93

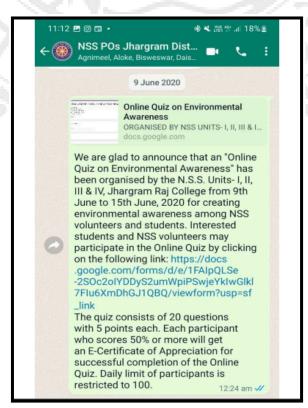
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Online Quiz link shared with students

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Online quiz on awareness on Covid:

Brief report

Our college conducted an online quiz on COVID-19 awareness to educate students and staff about the pandemic. The quiz covered topics such as symptoms, prevention measures, and safety protocols. Participants engaged actively, enhancing their knowledge and promoting a better understanding of COVID-19. All the NSS Programme Officers of Jhargram Raj College have been sensitising the NSS Volunteers of their respective units about basics of COVID-19, prevention measures, WHO protocols and government circulars from time to time. To spread COVID-19 awareness, the NSS volunteers have prepared posters, written poems, composed songs and uploaded videos in social media, some of which have already been uploaded in the Official Facebook page and YouTube channel of NSS West Bengal. Through these awareness campaigns, the NSS volunteers have successfully sensitised their family members, friends, relatives and local community about basics of COVID-19 and its prevention measures. Besides this, an Online Quiz on COVID-19 Awareness has also been organised by NSS units of our college to create awareness about COVID-19 among students, NSS Volunteers and general public from 28th May, 2020 to 31st May, 2020. A total of 285 participants from all over West Bengal as well as from other states actively participated in the aforesaid Online Quiz to make it a grand success.

Supporting Link for the Programme

Jhargram Raj Cellege



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Jhargram Raj College NSS Units I, II, III & IV



Date: 24.04.2020

NOTICE

All the Programme Officers of N.S.S. Units-I, II, III & IV of Jhargram Raj College are requested to attend an online meeting of the N.S.S. Units on Wednesday, 01.05.2020. at 12.30 p.m. via Google Meet to discuss the following agenda:

- Submission of brief report of NSS activities regarding Covid-19 virus vide Memo No. VU/NSS/ /2020 dated 01.05.2020.
- 2. Matters arising

Link for Online Meeting: https://meet.google.com/ppm-itzx-wys

Secretary, N.S.S. Cell

Sourich BioNas.

Jhargram Raj College

Notice for NSS activity

Jhargram Raj Cellege 96

Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College



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Jhargram Raj College NSS Units I, II, III & IV



Date: 29.04.2020

NOTICE

All the Programme Officers of N.S.S. Units-I, II, III & IV of Jhargram Raj College are requested to attend an online meeting of the N.S.S. Units on Wednesday, 04.05.2020. at 12.30 p.m. via Google Meet to discuss the following agenda:

- 1. Submission of brief report of NSS Cell, Vidyasagar University as well as to NSS RD, Kolkata in reply to the letter received from NSS Cell, Vidyasagar University.
- Matters arising

Link for Online Meeting: https://meet.google.com/ppm-itzx-wys

Secretary, N.S.S. Cell

Sourich BioNas.

Jhargram Raj College

Notice regarding the NSS activity

Jhargram Raj Cellege Dr. Debnarayan Roy, Principal (W.B.S.E.S),

Jhargram Raj College



JHARGRAM RAJ COLLEGE

JHARGRAM, WEST BENGAL - 721507

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SESSION: 2018-2019

* Seminar on Yoga Education

Brief Report

Jhargram Raj college organised a Seminar on Yoga Education to promote the benefits of yoga and its role in holistic wellness.

Objectives

- Educate participants about the principles and practices of yoga.
- Highlight the physical, mental, and spiritual benefits of yoga.
- Discuss the integration of yoga into educational curricula.

Key Topics Covered

• Yoga Philosophy: Understanding

Supporting LINK

Principal Cellege



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O/CIR. NO. 142

DATE: 26.09.18

JHARGRAM RAJ COLLEGE DEPARTMENT OF PHYSICAL EDUCATION NOTICE

Department of Physical Education, Jhargram Raj College is organizing a departmental seminar on "Yoga Education" on 04.10.18 (Thursday) at 11.00 am onwards in the College seminar hall. Dr Krishnendu Pradhan, Assistant Professor in Physical Education, Gorbeta College is honorable speaker. All the teachers and students of the college are here by requested to be present and make the programme a grand success.

Counter signed

Officer-in-Charge
hargram Raj College

Head, Department of Physical Education

Jhargram Raj College

Notification for the seminar on Yoga

Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College

GOVERNMENT OF WEST BENGAL





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❖ Swachh Bharat Summer Internship

<u>Report</u>

During the summer of 2018, students from our college actively participated in the Swachh Bharat Summer Internship Programme, an initiative aimed at promoting cleanliness and sanitation across India.

Objectives

- Contribute to the Swachh Bharat Abhiyan by actively engaging in cleanliness and sanitation projects.
- Raise awareness about the importance of cleanliness, waste management, and hygiene practices.
- Foster a sense of civic responsibility and community involvement among participants.

<u>Act</u>ivities

- Cleanliness Drives: Students organised and participated in cleanliness drives in local communities, public spaces, and educational institutions.
- Awareness Campaigns: Students conducted awareness campaigns through posters, social media, and community outreach programmes to educate people about hygiene practices and waste segregation.
- Waste Management Initiatives: Students implemented waste management initiatives such as composting, recycling, and reducing plastic usage to promote sustainability.

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Impact

- Improved cleanliness and sanitation in targeted areas.
- Increased awareness and adoption of hygiene practices among community members.
- Enhanced civic engagement and sense of responsibility among students.

Supporting LINK for certificates

Cir No. 47A **Jhargram Raj College**

Date:24.05.2018

It is hereby notified to all concerned that NSS Units, I, II, III & IV of Jhargram Raj College are requested to contact the unit supervisor for smooth organisation of the Swachh Bharat Internship.

Principal Jhargram Raj College

OFFICER - IN - CHARGE

Notification for Swachh Bharat Internship

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Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College



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Presentation Techniques

Report:

The Department of English at Jhargram Raj College organized an enlightening seminar titled "Jane Austen and Her World" on April 5, 2019. The seminar aimed to delve into the life, works, and enduring influence of the renowned English novelist, Jane Austen.

The seminar commenced at 11:30 pm with an inaugural address by Amt Ayanti Mondal, who highlighted the significance of Jane Austen's literary contributions and her portrayal of early 19th-century English society. The inaugural session set the stage for an intellectually stimulating day ahead.

Throughout the day, several distinguished speakers and scholars shared their insights through a series of engaging talks and presentations. The topics ranged from the socio-economic backdrop of Austen's novels to the feminist interpretations of her works in contemporary contexts. Each session was well-attended by students, faculty members, and enthusiasts of English literature.

Among the notable speakers was Mrs. Madhumita Biswas. She discussed various aspects of Austen's writing style, character development, and the cultural milieu in which her novels are set. The sessions were interactive, encouraging lively discussions and debates among the participants.

Furthermore, students actively participated in panel discussions and paper presentations, showcasing their research on Jane Austen's novels and their relevance

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in today's literary landscape. This participation underscored the enduring appeal of Austen's works among young scholars and readers alike.

The seminar concluded with a closing ceremony at 4:00 pm, where Smt Priyanka Basu delivered concluding remarks, emphasizing the enduring relevance of Jane Austen's themes and narratives in contemporary literature and society.

Overall, the seminar on "Jane Austen and Her World" organized by the Department of English at Jhargram Raj College was a resounding success. It provided a platform for scholars, students, and enthusiasts to explore and celebrate the genius of Jane Austen, reaffirming her status as one of the most influential novelists in English literature.

The organizers express their gratitude to all participants, speakers, and attendees for making the seminar a memorable and intellectually enriching event.

Supporting LINK

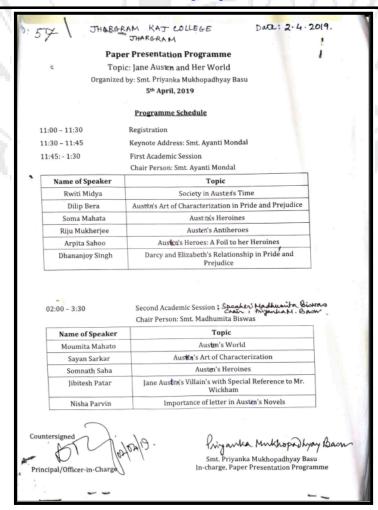
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Notification for the programme

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* Thalassemia Awareness and Detection Camp:

Brief Report

Jhargram Raj College organised a Thalassemia Awareness and Detection Camp. The camp aimed to raise awareness about Thalassemia, a genetic blood disorder, and provide free screening for early detection.

Objectives

- Educate participants about Thalassemia, its causes, symptoms, and treatment options.
- Offer free blood tests to identify individuals with Thalassemia trait or the
- Provide counseling and guidance to affected individuals and their families.

Activities

- Educational Sessions: Healthcare professionals conducted informative sessions on Thalassemia, genetic inheritance, and prevention measures.
- Blood Screening: Participants underwent free blood tests to determine their Thalassemia status, including Thalassemia Minor (trait) and Thalassemia Major (disease).

Impact

- Increased awareness about Thalassemia and its genetic implications.
- Early detection of Thalassemia trait or disease in participants, enabling timely intervention and management.
- Provision of support and guidance to affected individuals and families.

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Cir No. 23A Jhargram Raj College Date: 28.02.2019

It is hereby notified to all concerned that NSS Units, I, II, III, & IV of Jhargram Raj College are requested to contact the unit supervisor for the Thalassaemia Awareness and Detection Camp to be held on March 11, 2019. Supervisors are requested to make necessary arrangements

Officer-in-Charge Jhargram Raj College

OFFICER - IN - CHARGE JHARGRAM RAJ COLLEGE

Notification regarding the Thalassemia Awareness and Detection Camp

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Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College

Principal

Jhargram Raj College



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Department of Health & Family Welfare Office of the Chief Medical Officer of Health, Jhargram PO & Dist – Jhargram :: PIN – 721507 :: E-mail – <u>jhargramcmoh@gmail.com</u>, Ph. 03221-257575

Certificate of Appreciation

This is to certify that the NSS (National Service Scheme) Units of Jhargram Raj College, in collaboration with the Jhargram District Hospital and Super Speciality Hospital, have conducted the following programmes on "Thalassaemia Awareness and Detection".

S. No.	DATE	ACTIVITY	REMARKS
1.	20.11.2014	Thalassaemia Awareness and Detection Camp	105 students were tested
2.	22.12.2016	Thalassaemia Awareness and Detection Camp	313 students tested in the college
3.	09.11.2017	Thalassaemia Detection Camp	183 students were tested
4.	11.03.2018	Thalassaemia Awareness and Detection Camp at Sevayatan Girls High School	152 students were tested
5.	11.03.2019	Thalassaemia Awareness and Detection Camp	147 students were tested

We appreciate the gesture of the National Service Scheme (Units I, II, III & IV) of Jhargram Raj College in helping to spread awareness about this disease, and hope that this good work may be continued in the future.

> Chief Medical Officer of Health Jhargram

Chief Medical Officer of Health Jhargram

Certificate of appreciation

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Dr. Debnarayan Roy, Principal (W.B.S.E.S), Jhargram Raj College